



# Plants & Gardening in Winnipeg

Mosaic Outdoor Play

## QUESTION TIME!

How do you prepare for planting plants & flowers?

Where do you like to plant them? Inside or outside?

Do you plant them in the ground, in raised beds, in pots?

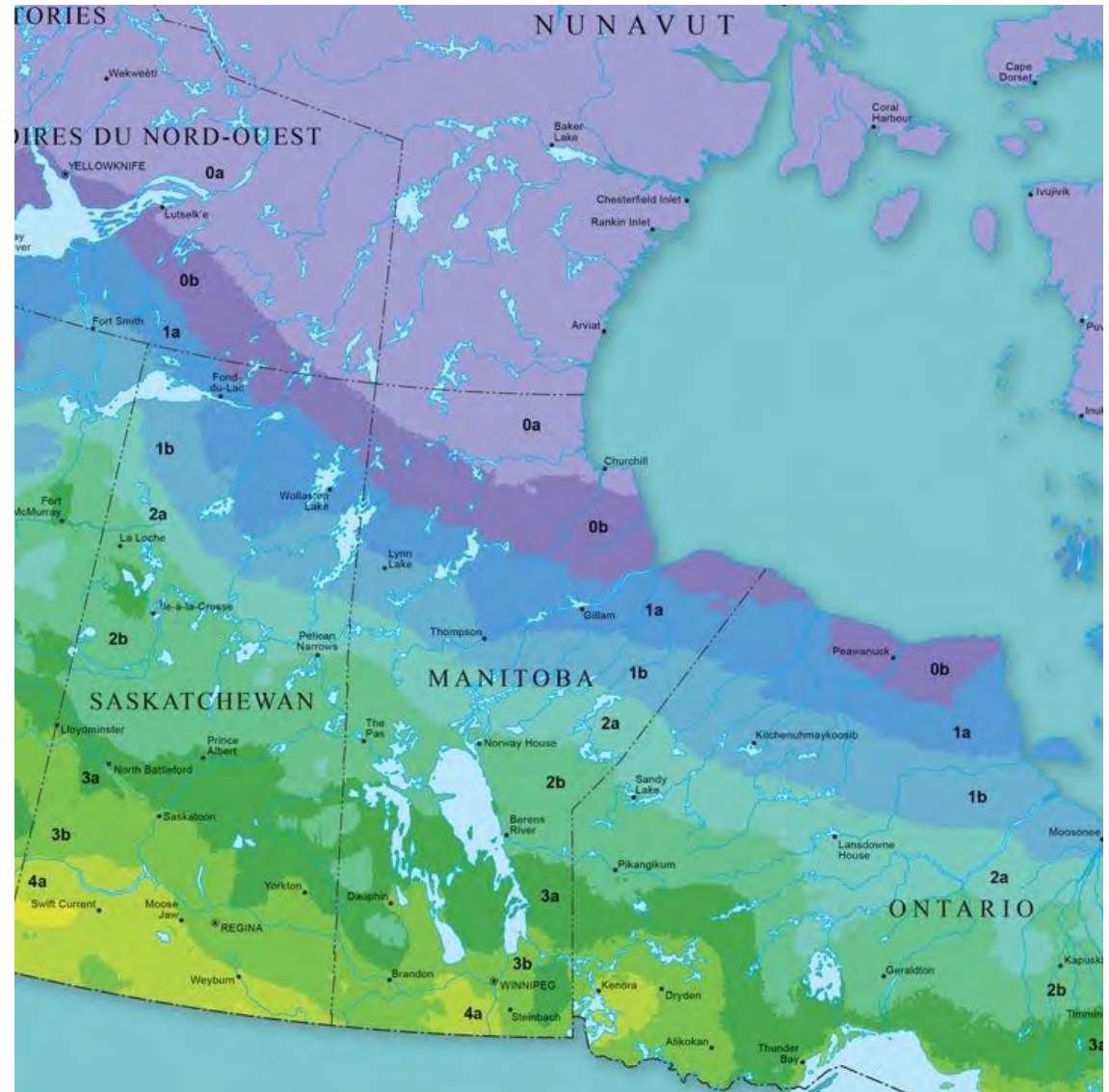
# Plant Hardiness Zone

Plant hardiness tells you which plants will thrive depending on where you live based on your climate!

When you are picking out your seeds and plants, thinking of your Zone can be very helpful! After all, some trees and plants need to live out our winter temperatures too.

**Winnipeg is in Zone 3!**

Frost is important when planning your seeds & planting! The average last spring frost is May 25<sup>th</sup>!



# What do I do with this Zone 3 knowledge?

- You will find Zones mentioned on seed packets, plant labels and in gardening books.
- Buying seeds and plants for our zone means that will survive the best in our climate!
- Zones matter for both perennials and annuals!
- Perennials die back in the fall, but store energy in the winter to regrow for the next spring! Zone 3 perennials can survive Winnipeg's winter. (We are Zone 3 Humans 😊)
- Annuals live for one growing season. They start from seed, grow to their mature plant, flower and then set seed. Once they set seed, they will begin to die off. These are perennials in other climate/hardiness zones that are 4+



# What seeds can I start indoors in May?

- Cucumbers
- Melons
- Pumpkins
- Zucchini
- Winter Squash

“Direct seed”: plant the seeds in the garden, there is no need to start them indoors

Space to leave between seeds

How deep to sow seeds

Germination: how long it takes a seed to sprout

Tells you if the plant needs full sun/part sun/shade

Direct seed only.  
*Semer directement au jardin.*

Sow/Semez à 2.5 cm/1" apart/espace

1.3 cm/ 1/2" de profondeur

45 cm/18"

20 cm/8"

GERMINATION GERMINATION	VITAMIN CONTENT CONTENU VITAMINIQUE
7-10 days/jours	A, B2 & C

Nutrition!

Bolt: means “go to seed”. After a vegetable flowers, it goes to seed. Lettuce tastes bitter when it bolts.

The best known loose leaf variety. Medium large upright, light green leaves which are frilled and crisp. Mild and flavourful. Earliest to bear and an exceptionally fast grower. Slow to bolt. Plant in moist, well-drained soil as soon as ground can be worked in the spring. Keep soil moist. Thrives in cool weather. Full sun in spring and fall. Partial shade during the hottest part of the summer. Grow with carrots and radish for a complete salad.

La laitue à feuilles la mieux connue. Ses feuilles érigées, moyennement grandes et vert pâle sont frisées et croquantes. Goût doux et savoureux. La plus hâtive. Croissance exceptionnellement rapide. Lente à monter en graine. Semez dans un sol humide et bien drainé aussitôt que la terre peut être travaillée au printemps. Tenez le sol humide. Croît mieux par temps frais. Offrez-lui le plein soleil au printemps et à l'automne; la mi-ombre durant les chaleurs de l'été. Pour une salade complète, cultivez avec des carottes et des radis.

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# Ways to plant your garden

In the ground...



In raised beds...



In containers...



# Balcony Gardens

- Confirm with your landlord that you're allowed to have a garden (if necessary)
- Know your sunlight!
- Choose containers – lightweight garden pots (plastic, fiberglass, rice pots)
- Ensure watering your plants won't impact your neighbours below!
- Heat and wind! If hot, try more tropical plants. If windy, use recycled stakes and supports.



# Trees in Winnipeg

The most common trees you would find in Winnipeg are...

- Elm
- Ash
- Linden

Where do you notice these trees?

[https://www.gov.mb.ca/forest/pubs/forest\\_lands/field\\_guide.pdf](https://www.gov.mb.ca/forest/pubs/forest_lands/field_guide.pdf)

