



# MEMBERS OF COMMUNITIES 4 FAMILIES 2009-10

## Members

Judy Baker	Adult Learning & Literacy
Steven Bemrose	Robert A. Steen Community Centre
Dorota Blumczynska	The Immigrant & Refugee Community Organization of MB
Carole Clarke	Pregnancy and Family Support Services
Deborah Clark	Community Member
Monica Dinney	Bookmates
Genny Funk-Unrau	Klinic Community Health Centre
Rosemarie Gjerek	Klinic Community Health Centre
Cassandra Houle	Pregnancy and Family Support Services
Claire Meiklejohn	WRHA
Karen Naumiuk	Winnipeg School Division #1
Lea Neufeld	The Family Centre of Winnipeg
Debbie Nikiel	Greenway School Parent Room
Leslie Nutbean	St. Matthews Kids Korner, Inc.
Megan Prydun	NEED Centre
Sharon Taylor	Wolseley Family Place

## Associate Members

Karen Baird	Mulvey School
Liva Bales	Wellington Elementary School
Kathryn Countryman	Wellington Elementary School
Karen Glugosh	City of Winnipeg Community Services
Kathy Mallett	Community Economic Development Association
Suni Matthews	Dufferin School
Jo-Anne Palanuk	Manitoba Family Services and Housing
Suzanne Pazdor	Manitoba Family Services and Housing



## COMMITTEE MEMBERS 2009-2010

**Chairperson** – Judy Baker

**Banker** – Rosemarie Gjerek

**Executive Committee:** Judy Baker (Chair), Dorota Blumczynska (Vice-Chair), Rosemarie Gjerek, Karen Naumiuk, Carole Clarke, Leslie Nutbean, Sharon Taylor, Genny Funk-Unrau (staff), Ingrid Peters Derry (staff)

**Research Committee:**

Sharon Taylor (chair), Frank Liebrecht, Claire Meiklejohn, Jo-Anne Palanuk, Genny Funk-Unrau, Ingrid Peters Derry (staff)

**Healthy Lifestyles Committee:** Karen Naumiuk (chair), Claire Meiklejohn, Debbie Nikiel, Sheelagh Smith, Genny Funk-Unrau (staff), Ingrid Peters Derry (staff)

**Grants Committee:** Carole Clarke (chair), Dorota Blumczynska, Monica Dinney, Bob Gingras, Frank Liebrecht, Megan Prydun, Ingrid Peters Derry (staff)

**Networking/Outreach Committee:** Leslie Nutbean (chair), Frank Liebrecht, Deborah Clark, Ingrid Peters Derry (staff)

**Literacy Committee:** Judy Baker (chair), Dorota Blumczynska, Sherry Funk, Carol Goosen, Lea Neufeld, Ingrid Peters Derry (staff)

**Council of Coalition Representative:** Genny Funk-Unrau, Ingrid Peters Derry

**EDI Representative:** Judy Baker

**Evaluation Representative:** Judy Baker

**Staff:** Coordinators: Genny Funk-Unrau (until July 1, 2009), Ingrid Peters Derry  
Research Project: Cameron MacLean  
Wiggle, Giggle, and Munch: Kelly Speak, Jasbir Chib



# COMMUNITIES 4 FAMILIES

Annual General Meeting Minutes  
June 17, 2009

**Present:** Karen Baird, Judy Baker, Megan Brisco, Deborah Clark, Carole Clarke, Rosemarie Gjerek, Karen Glugosh, Lavonne Harms, Frank Liezeit, Kathy Mallett, Karen Naumiuk, Sharon Taylor, Maria Isabel Toro-Vidal, Skye Villamil

**Staff Present:** Genny Funk-Unrau, Cameron MacLean, Ingrid Peters Derry

**Chairing this meeting:** Judy Baker

**Recorder:** Ingrid Peters Derry

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## 1. Welcome and Introductions

2. **Approval of Agenda for the day** - Moved by Frank Liezeit, seconded by Deborah Clark, that the agenda for the day be approved. Carried.

3. **Speaker** – Kathy Mallett, research project on Aboriginal Parenting.

As part of research/evaluation component of Healthy Child Manitoba, Kathy Mallett has been looking at traditional and current aboriginal parenting practices. She has participated in various cultural events and made a trip to Nelson House, where she visited with 9 women who had been trained in Triple P. She spoke with elders to talk about parenting in previous generations. .

There are 63 First Nations communities in Manitoba. 23 are fly-in communities. ½ of aboriginal people in Manitoba are in these communities. Many still speak aboriginal languages and have different cultural beliefs.

A literature review was done on pre-colonial cultural values, diversity. There is very limited literature regarding this time. Hudson Bay archives contain some information about how child-rearing was happening at this time. Noted is the wellbeing of the children and the interconnection with the land. This is something that many have lost. Children were highly loved and respected, gifts from the Creator. This notion is still current. Children were the responsibility of the entire community, not just the biological family. Hopefully the research project will reveal more about how this is today. The *tikanagan* – bundled child to keep them quiet and content, hung in the tree to observe the world around. Breastfeeding continued until the child was 4 or 5 years old. Discipline – no physical punishment, eye and hand warning gestures. Teaching – much was non verbal teaching. The teachers were the elders, teaching by story-telling, humour being a large part of the teaching. Colonization has brought about much change in parenting practices.

The project is still in the process of doing focus groups. An advisory group includes aboriginal people who have been involved in research. Focus groups are in the city and in the North with Cree, Dakota and Métis people. Kathy would like to come back to talk about the findings of these groups when the groups are completed. She is hoping this research will help the programs of Healthy Child. Triple P needs to be delivered a little differently in aboriginal communities.

4. **Minutes of the June 25, 2008 AGM** – Moved by Sharon Taylor, seconded by Rosemarie Gjerek, that the minutes of June 25, 2008 be approved. Carried.

5. **Reports**

- Audited Financial Statements – Moved by Rosemarie Gjerek, seconded by Frank Liebzeit, that the Communities 4 Families financial report for 2008/2009 be accepted as presented. Carried.
- Chairperson's Report – Judy commented on the value of the Strategic planning process we have gone through again this year. Special recognition was given to the work put in by Genny Funk-Unrau during her time as staff.
- Committee Reports – as distributed. Thank you to all the committees for the hard work throughout the year.
  - i. **Grants** committee is providing small grants again. We have been providing these grants for 6 years.
  - ii. **Research** – committee wanted to do some practical work and has created a pilot project to speak to systemic barriers faced by parents in the downtown. Cameron MacLean is the person staffing this new work. He will be setting up interviews and focus groups over the summer and putting together an advisory committee in the fall.
  - iii. **Healthy Lifestyles** – committee has gone through a number of changes. Genny's staff support has been invaluable. There is also much appreciation of Kelly's work in the community. Wiggle, Giggle & Munch CD launch happened May 28 with John M King's choir performing. This was a highlight of the year for the committee.
  - iv. **Networking/outreach** – a new website making resources easily available to family will be launched in October.

6. **Membership forms** – New membership forms were distributed. Please complete the forms and return to Ingrid. We will add a section that includes which committee people want to sit on.

7. **Presentation of Terms of Reference** – updated Terms of Reference, reflecting the new membership forms was circulated and presented.

8. **Presentation of Officers** – Judy Baker has agreed to carry on as chair. Dorota will be vice-chairperson. Rosemarie Gjerek (Klinic) continues on as banker. The Executive Committee is composed of the committee chairs.

**7. Announcements:**

- Summer leisure guide and wading pool schedules for the City
- WGM CDs are available for Coalition members

**8. Adjournment**

Karen Baird moved the adjournment of the meeting.

Next Regular Meeting of the Coalition:

September 16, 2008 at 1:30 p.m.  
at Robert A. Steen Community Centre



## REPORT FROM THE CHAIRPERSON 2009 - 2010

This has been another productive year for the Communities 4 Families (Downtown Parent Child Coalition). Active involvement of the membership has made for lively discussion at meetings and effective hard working committees. Numerous community organizations working with children and families benefited from grants to support their ongoing work, literacy activities and implementation of Wiggle, Giggle & Munch.

The Literacy Committee continued its support of three organizations to develop manuals and a process to assist other organizations to deliver these family literacy models. By fostering partnerships and with mentoring provided by these organizations other community groups will be able to implement these programs next year. Literacy activity in the community was further supported by small grants to 16 projects and “literacy packs” which were provided to 35 organizations.

Wiggle, Giggle & Munch, our award winning program continues to be in high demand in the community. Several program leader workshops have been offered in the downtown. Four new organizations were supported to deliver the program with one organization continuing from last year. Currently a research project is being developed with assistance from Healthy Child Manitoba to evaluate the effectiveness of this program in addressing the physical and nutritional needs of the families.

An exciting development this year was the launch of the interactive website in October. This will not only provide a vehicle for the coalition to promote our activities but there will be the opportunity for community organizations to share current information and resources. We were also in the position to provide support to the Council of Coalitions to develop their website.

A recent report produced by the Research Committee has identified some gaps and issues in the delivery of services in the downtown. This report coupled with the EDI results and our annual strategic planning with the membership will assist us to focus our activities in the coming year.

As my term as chair of the coalition comes to an end I want to extend my gratitude to Ingrid who we have been able to count on to assist with the committee work and make sure that we continue to move forward. I have felt privileged to represent the coalition in the various positions I have held. It has been a pleasure to have worked with the committees, the executive and the membership. I wish you continued success with all your work.

Finally I want to thank Health Child Manitoba for their vision and continuing support of Communities 4 Families where these wonderful relationships and collaborative partnerships have been fostered.

Respectfully submitted,

Judy Baker, Chair  
Communities 4 Families



## EXECUTIVE COMMITTEE REPORT 2009 - 2010

It has been a busy year for the executive, as we oversaw the work of the various committees, worked with Healthy Child Manitoba on various projects, and continued our efforts to support programs in the downtown area which contribute to the health of families.

Some of the activities we were involved with this year included a launch of our new web site and various grants through the Grants, Healthy Lifestyles, and Literacy committees. The Research Committee also developed a project to look at the challenges facing families in the downtown. Information from that research as well as EDI findings informed our discussion as we, once again, held a strategic planning meeting. This was the third year we were able to hire an outside facilitator to lead us through the process in March. It reinforced the progress we have made with our planned activities and gave us direction for the upcoming years.

I want to thank all the dedicated members of the Executive, who also chair committees, namely Karen Naumiuk, Healthy Lifestyles, Dorota Blumczynska, Grants committee, Leslie Nutbean, Outreach/Networking, Sharon Taylor, Research, and Rosemarie Gjerek who provided the banking at Klinik. We very much appreciate the assistance of our dedicated coordinator Ingrid who has complimented and furthered our efforts to serve the coalition and the downtown community.

Respectfully submitted,

Judy Baker, Chair  
Executive Committee



# RESEARCH COMMITTEE REPORT

2009 - 2010

After reviewing the findings of our previous research report, *Stress, Coping and the Impact on Parenting in Downtown Communities of Winnipeg*, the Research Committee developed the concept of a pilot project looking at the systemic barriers that cause parental stress. Cameron MacLean was hired on contract to meet with various community focus groups to discuss the challenges they face as parents in the downtown.

In the original study, the researcher held consultations with parent groups around the downtown to discuss the causes of stress for downtown parents and their methods of coping. This project returned to some of those original groups, as well as new ones, to gather more information about the challenges downtown families are facing. In total, 126 parents' voices were reflected in this report. To get a broader perspective on the challenges of downtown families, Cameron consulted community workers and government officials in a variety of fields. The final report also draws together the most recent recommendations taken from local reports and studies that address the challenges.

Once all consultation and survey results were compiled it was clear that the challenges of parents in our study are largely the same ones other researchers and organizations have identified over the years. We then sought out as much pertinent literature as we could gather, looking for recommendations that addressed any of the challenges parents raised during the consultations. The list of challenges and past recommendations were then compiled into a chart and sent to individuals with knowledge of these challenges and related structures and policy areas. These people - including community development workers, civil servants, academics, and educators - offered comments and suggested solutions to the parents' challenges, pointing out errors, explaining policies, and pointing out plans and strategies in place that address some of the issues.

In addition to presenting a snapshot of the challenges currently facing parents living in downtown Winnipeg, the report attempts to compile the best and most recent ideas for solving these challenges. We hope that this report will be a source of inspiration and direction for people hoping to understand and solve the challenges facing downtown families.

Key findings in the report included the various challenges faced by newcomer families in our downtown communities; housing and childcare needs; lack of recreational options; and concerns about safety. The complete report is available in hard copy, and will be added to our website for those wishing to download it.

The Research Committee is grateful to the wonderful work Cameron MacLean has done for us this year. Committee members are: Sharon Taylor (chair), Genny Funk-Unrau, Frank Liebzeit, Kathy Mallett, Claire Meiklejohn, Jo-Anne Palanuk, and Ingrid Peters Derry (C4F staff).





## HEALTHY LIFESTYLES COMMITTEE REPORT 2009 - 2010

For most of this year, the membership of the Healthy Lifestyles Committee consisted of Claire Meiklejohn, Karen Naumiuk, Debbie Nikiel, and Sheelagh Smith. Jasbir Chib and Jean Tinling joined the committee in the spring. The committee welcomes more members for the coming year. Genny Funk-Unrau staffed this committee until July 2009, when she left her position with Communities 4 Families. She continues to act as a resource for the research project of Wiggle, Giggle & Munch. Ingrid Peters Derry took over the staffing of this committee since Genny left. Kelly Speak continued to mentor WGM programs in the community, provided training and developed a Train the Trainer program.

We offered three Wiggle, Giggle & Munch Program Leader trainings at MERC as well as a Train the Trainer Event. All were hugely successful, and interest in taking these trainings continues to be great. In total 63 people were trained in the 3 Facilitators' trainings. The 2 day Train the Trainer event had 12 participants.

The committee developed small and large Wiggle, Giggle & Munch Grants this year, with a goal of having programs run year-round in some settings. Grants were given to Dufferin School, Greenway School, Resource Assistance for Youth, Wellington School and Wolseley Family Place. Kelly provided assistance to these programs as needed to start and run WGM.

A pilot research project began with a goal of evaluating the WGM program. Greenway School participated in helping develop the forms needed to do baseline and end of program surveys and the other locations receiving grants soon joined. Harvey Stevens was contracted by Healthy Child Manitoba to assist the development of this research project. Preliminary results for the research will be coming in as programs end for the summer.

Respectfully Submitted by,

Karen Naumiuk  
Healthy Lifestyles Committee Chair



## **GRANTS COMMITTEE REPORT 2009 - 2010**

The Communities 4 Families Small Grants Committee has traditionally made grants of up to \$1000 available to groups in need of short term, seed funding primarily in the area of food security. With the results of our 2009-2010 research project, in an effort to address gaps identified by families who took part in the research, we have changed our granting structure to include larger grants focusing on recreation, capacity building and food security initiatives.

Furthermore, in the 2010-2011 year the "Small Grants Committee", now called the "Grants Committee" will work to create clear and consistent granting and reporting guidelines for all C4F grants in an effort to see our whole relationship with funded organizations and to map where our funds are being allocated and the impact they are having on our communities.

Submitted by

Dorota Blumczynska  
Grants Committee Chair



## NETWORKING/OUTREACH COMMITTEE REPORT 2009 - 2010

The biggest undertaking of the Network/Outreach Committee was the Resources 4 Families project. This project was developed to assist in the identification of gaps in programming and resources in the Communities 4 Families area. We identified that an update to our website was needed to accommodate this new resource to better support the needs of the community. The launch of the "new" website happened in October 2009.

Our March 2010 Strategic Planning session reinforced the work of the Networking/Outreach committee:

- STRATEGIC PRIORITY #7: The Coalition's website is 'the' information hub of family resources for downtown.

It is our goal to be the "go to" place for family resources in the downtown. With that in mind, we worked to reevaluate the format of the website to best suit the needs of the community. Work to further update the site and make it as user-friendly as possible is underway.

As Chairperson, I would like to thank Mathieu Manaire and Ingrid Peters Derry for their assistance with the Resources 4 Families project.

Respectfully Submitted,

Leslie Nutbean, chairperson  
Network/Outreach Committee



## LITERACY COMMITTEE REPORT 2009- 2010

This is the fifth year the Literacy Committee has supported the development and delivery of intergenerational family literacy projects. This year's Strategic Planning session gave the Literacy Committee direction for the upcoming years:

### **STRATEGIC PRIORITY #2: Exemplary family literacy programs have been developed and are being offered in the downtown area.**

- All funded models completed with electronic resources developed.
- An evaluation plan developed.
- Models duplicated in the community.
- Address priority areas based on EDI and other research
- Add a Family Literacy component to WGM

Last year several of the groups who had previously done Family Literacy projects received grants to develop manuals which could be distributed to other agencies in the Downtown.

Three projects worked throughout the year to develop these manuals:

- Three Stars and a Wish – Spence Neighbourhood Association
- Book Bags – Creative Retirement
- IMPACT Summer Literacy Project – IRCOM

Draft manuals were completed for these projects and a process developed whereby they might be piloted in the community. We are looking forward to hearing the evaluations of these drafts and continuing with the next phase of the manual development.

As the year neared an end, the committee decided to make small literacy grants available. These \$500 grants were extremely popular, funding 16 different projects: bookmaking programs for newcomers; the purchase of books for a teen girls' book club; Birthday books; and various other projects giving away books which will be taken home by children to read with their parents.

With some money still remaining in our budget, it was decided to make "literacy packs" available to the various organizations our Coalition has funded in the past year. Thirty-five groups received bags with books, toys, toothbrushes, and family reading "tips".

Thank you for all the work of the Literacy Committee members: Judy Baker, Dorota Blumczynska, Sherry Funk, Carol Goosen, and Lea Neufeld.

Respectfully submitted,

Judy Baker, Chair  
Literacy Committee



# GRANT RECIPIENTS 2009-2010

## Small Grant Recipients

Art City Inc.  
Balmoral Hall Beginnings Child Care Centre  
Boys and Girls Clubs of Winnipeg  
Breastfeeding Buddies  
Canadian Muslim Women's Institute  
Creative Retirement Manitoba Inc.  
Day Nursery Centre  
Daniel McIntyre/St. Matthew's Community Association  
Good to Grow Counseling Fathers' Group  
Gordon Bell High School  
IRCOM Inc.  
John M King School  
Knox Day Nursery, Inc.  
New Directions for Children, Youth, Adults and Families – Project O.A.S.I.S.  
Pregnancy & Family Support Service Inc.  
St. Edwards School  
Sister MacNamara Preschool & Infant Day Care  
Taking Charge! Inc.  
The Family Centre  
Valour Community Centre  
Villa Rosa  
Victor Play Centre  
West Centre Women's Resource Centre  
West End Cultural Centre  
Winnipeg Central Park Women's Resource Centre

**Total Granted: \$19,500**

## **Family Literacy Grant Recipients**

Boys and Girls Clubs of Winnipeg – Freight House Club  
Creative Retirement Manitoba  
Gordon Bell High School Flexible Learning program  
Gordon Bell High School EAL Literacy Centre  
Greenway School  
Immigrant and Refugee Community Organization of Manitoba  
Isaac Brock School  
Mosaic – Newcomer Family Resource Network  
Sister MacNamara Preschool and Infant Day Care  
Spence Neighbourhood Association  
Taking Charge! Inc. Taking Care!  
The Family Centre  
Wolseley Family Place

**Total Granted: \$16,249.27**

## **Wiggle, Giggle & Munch Grant Recipients**

Dufferin School  
Greenway School  
Resource Assistance for Youth  
Wellington School  
Wolseley Family Place

**Total Granted: \$ 19,004.90**



## STAFF REPORT 2009- 2010

2009 marked a significant change in the staffing of Communities 4 families with the resignation of Genny Funk-Unrau. Committees that had benefitted from Genny as a staff resource, needed to make the transition to having me as the primary staff. I thank you all for your patience in that transition.

I was hired with Genny Funk-Unrau in November, 2003. Since then, we, and now I, have been doing much of the administrative work of the Coalition as a whole and for the committees working within the Coalition. Some of the tasks this year have been:

- Working with the Grants committee to help process grant applications
- Helping with the work of the Healthy Lifestyles Committee as they continued to support the *Wiggle, Giggle & Munch* (WGM) program and deliver trainings. Tasks included:
  - Supervising *Wiggle, Giggle & Munch* staff
  - Providing administrative support to the committee
  - Assisting with the promotion and registration of the *Wiggle, Giggle & Munch* facilitators' trainings and Train the Trainer
  - Monitoring the *Wiggle, Giggle & Munch* finances, especially grant applications
- Working with the Literacy Committee in providing grants for Family Literacy projects and working with community groups to develop draft Family Literacy manuals
- Maintaining the updated web-site with resources for families
- Providing administrative support to the Research Committee in developing a research project looking at the challenges faced by Downtown families
- Representing the Coalition at the Council of Coalitions and working with the Council on the development of a website
- Keeping abreast of various downtown resources by attending networking meetings

Respectfully submitted,

Ingrid Peters Derry  
Coordinator



## FINANCIAL REPORT FOR THE PERIOD April 2009 - March 2010

- Klinik CHC provides Banker services for the Coalition
- Booke & Partners Chartered Accountants conducted Klinik's financial audit for 2009/2010. This audit included the DPCC funds. There is a copy of Klinik's audited financial statement available for your perusal.
- The DPCC is funded by Healthy Child MB and received an operating grant of \$163,000 for 2009/10.
- For the 2009/2010 fiscal year, the Coalition had operating funds of \$163,000 plus \$3,597 of revenue from trainings and \$57,131 of deferred, allocated revenue from 2008/09 for a total operating budget of \$223, 728.
- Expenses for 2009/2010 were \$192,691 with deferred and allocated revenues of \$31,037, which have been carried over into the current fiscal year.

### Summary of Expenses:

Personnel Costs	\$51,188
External Grants	\$44,411
Operating Costs	\$11,706
Systems Barriers Project	\$35,374
Program Costs (WGM)	\$36,045
Website Development & Maintenance	\$13,967

- I would make a motion that the DPCC financial report for 2009/2010 be accepted.
- Thank you

Respectfully Submitted,

Rosemarie Gjerek  
On behalf of Klinik Community Health Centre  
Banker