**Communities 4 Families**

**Meeting Minutes**

**November 15, 2023**

**1:30 pm**

**Attendees:** Karley Cockerline, Emma Fineblit, Genny Funk-Unrau, Katherine Johnston, Ingrid Peters Derry (staff), Barby Sewrjugin (staff), Anne Sikora, Katherine Turner, Cheri Wright-Kaguah (staff), Corrie Monk (staff), Jess Smith, Nancy Tovell

**Regrets**: Karen Bryce, Jennifer DeFehr, Zebiba Ibrahim, Jennifer Neufeld, Mandy Safronetz, Cathy Seitz

**Chairing and Minutes:** Ingrid Peters Derry

1. **Welcome, Introductions & Land Acknowledgement**
2. **Consent Agenda**
* Approval of Agenda
* Approval of Minutes of October 18, 2023
* Financial report

The October minutes were not circulated with the agenda. Ingrid will attach them with these minutes.

Financial report was presented and received.

* This was a statement to the end of September and was the basis of 6-month report to the Province.
* Computer allowance may be used before the end of the year. Printing may not be used entirely.
* Will look at this again in January to assess where we are.
* We have not heard anything from the Province about next year.
1. **Agency Profile:** Katherine Turner and Karley Cockerline,Family Dynamics
	* Many services are provided in home or within the community.
	* Counseling – individual and family, play therapists
	* In-home family support – providing childcare for appointments, etc., respite
	* Family Resource Centres – 7 across the city
	* Family and Childcare training – training and support
	* Behavior support – working with licensed childcare centres, providing strategies of support.
	* Family and Schools Together – for parents and children in schools. Also Families Together virtual program.
	* Family Supports for Newcomers – in Portage Place mall. For high needs newcomer families.
	* Community Settlement – office on Pembina Hwy. Programming, English classes.
	* Parent Coach program
		+ Short term – 3-6 months
		+ For any caregivers of the child under 18 in Winnipeg or surrounding area
		+ Areas of focus: relationships, child’s behavior, emotional regulation, child development, health and wellbeing, home management, community connections
		+ Work with families to create goals and interventions
		+ Provide advocacy and support as needed
		+ Parent coaches meet with families every week in their homes for 1-2 hours
		+ Children can be present
		+ Encouragement, mentoring, non-judgmental support to increase confidence in parenting
		+ Connecting parents with supports in the community
		+ Self-referral is encouraged. Current waitlist of 3-4 months.
		+ Parent Coach intake – call 204.560.2435
2. **Member Sharing: agency updates and/or emerging issues**

**Question of the day:** Corrie – What experience of delight have you had today?

**Agency updates**

* Thrive
	+ Mondays – Nobody’s Perfect parenting (beginning Nov. 21 – some spots are available), Art for Wellness, nurses are available, Women’s Circle meets some days
	+ Wednesdays – men’s program (social anxiety – closed group)
	+ Thursdays – grief circle
	+ Fridays – free clothing giveaway, Fun Fridays
	+ For details see [Events & Fundraisers - Thrive Community Support Circle](https://thrivecommunitysupportcircle.com/programs-and-events/)
* IRCOM
	+ Employability program for women at 2 locations
	+ Handle with Care at Ellen
	+ Nobody’s Perfect at Isabel
	+ Yearly community meeting with 2 locations
	+ Women’s High Tea at Isabel
	+ English classes and after school programs every day
	+ Sometimes non IRCOM residents can come to parenting programs
	+ IRCOM is having flu clinic on Thursday at 215 Isabel and Friday for 95 Ellen. It is open to the community please inform your clients if they are interested in it.
* WRHA
	+ Public flu clinic on **Nov. 22** at Orioles CC, 3:30-7:30 pm. Flu and Covid shots.
	+ Moderna and flu shots are available for children (6 months or older), Pfizer is not yet available through WRHA.
* Acorn
	+ Caring Dads program – second series intake. For early new year. 17 weeks.
	+ Manager of programs – Katherine Johnston is taking the interim position
* Bookmates
	+ **January 24 and 25**, 9:15-1:15. *Play to Learn, Learn to Play* hosted by C4F.
	+ **December 12** – FamiliesForward hosting *Family Learning FUNdamentals*. A few openings available. 2 hours online.
* WestEnd Commons
	+ Currently hiring for Katherine’s position housingcoordinator@thewestendcommons.ca
	+ Hosting West End Resource Centre – technology for older adults 5 Wednesdays
* Klinic
	+ WestEnd Connect meeting tomorrow
1. **Staff updates**
* Raising the Village updates
	+ On Fridays at Mosaic. Pilot has been going very well. 8 families have participated so far.
* Outdoor Play updates
	+ October Lunch & Learn. Next one will be focusing on child-led play.
* Mentoring/training updates
	+ Working on certification process
	+ Planning new training for WGM – February?
	+ Connecting/mentoring with new program leaders
	+ Reconnecting with prior partners
1. **Committee Updates**
	* Executive Committee
		+ Out of province WGM training request
		+ Banker question – discussions around whether to continue with Klinic
		+ Genny, Corrie and Ingrid will meet to continue the discussion of revenue generated by trainings
		+ Next meeting will be in January
* Resource Committee
	+ Bookmates trainings in January and February
	+ Outside professional development opportunities might be considered if there is budget money remaining
	+ Discussed WGM certification process
* Stepping Stones 4 Family Connections Committee
	+ Agreed to contract with Katie Anderson for some further work
	+ Work has been postponed to February
	+ Opportunity to provide online WGM training to a women’s shelter in Kelowna. Barby and Cheri will do this with additional hours.
1. **Annual Coalition planning meeting updates, things to think about**
	* In person at WestEnd Commons (drop in area), 365 McGee Street entrance. @ noon for lunch. Meeting until 3 pm.Parking is suggested on McGee St.
	* Agenda:
		+ Review last year’s meeting to remind everyone about that discussion and direction.
		+ Talk about the current climate and what may have changed – small groups with similar questions to last year.
		+ Then plan for 2024-25 activities with these changes in mind.
2. **Final stretch/reflection – Barby**
3. **Next Meeting – December 13, 2023**