**Name of Meeting:** C4F Monthly Meeting

**Date:** February 16, 2022

**Time:** 1:30 p.m.

**Location:** Zoom

**Attendees:**,Amna Burki (staff), Jennifer DeFehr, Emma Fineblit, Genny Funk-Unrau, Gabriela Galli, Chandel McAuley (and Buster the cat), Corrie Monk (staff), Ingrid Peters Derry (staff), Fatuma Sufi , Nancy Tovell, Cheri Wright Kaguah (staff), Chris Voss (staff)

**Regrets**: Karen Bryce, Carmen Court,Karen Howgate

**Chair:** Emma Fineblit

**Minutes:** Ingrid Peters Derry

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| **Agenda Item** | **Discussion** | **Action** |
| 1. **Welcome, Land Acknowledgement, Introductions**   **Chair** |  |  |
| 1. **Consent Agenda**  * **Approval of Agenda** * **Approval of Minutes of January 19, 2022** * **Budget approval** | Agenda and Minutes Approved  Budget 2021-22   * The remainder of our money should still be coming from the Province * Salary line will be about $5000 higher than anticipated * Literacy for Life grant for staff time for Gentle Heroes project (this will go to salary line). Health Spending account has not been used and could also be added to this line this year. There should then be no deficit for salary line. * Changes are needed to allow some of our surplus to be used for computer and software upgrades. * Additional laptops are needed for staff. Also, technology needs as we have a larger staff and need to share our work seamlessly (moving to Microsoft 365 Business) * We can carry over up to 10% of our budget * **Genny moved that we approve up to $5000 from the surplus to be used for technology related needs. Approved.** * 2022-23 budget will be discussed at the March meeting |  |
| 1. **Take a deep breath with Chris** |  |  |
| 1. **Agency insights** | **Wolseley Family Place** – wraparound service   * A pilot project for families involved with CFS who would benefit from continuous ongoing support * Supports families by meeting regularly to help meet identified goals, deal with struggles, and liaise with CFS to clarify expectations * Using a harm-reduction perspective and supporting families with what they say are the most important * Developing safe and predictable relationships, no judgement, follow through, transparency, acknowledging systemic barriers * U of M (Hearts and Minds Lab) is helping with program evaluation. Documentation will be important to determine effectiveness for future funding. * Goal is to work with 10 – 15 families * Network for non-profits doing this kind of work. Braids of Strength (WCWRC was initiating this). This is being worked on to share resources and knowledge. Room for collective advocacy as well. * Referrals, intake – self referrals are best. More successful if they take the initiative. They are quite full right now, but you can call to see if it would be a good program. Support can be given in other ways as well – parenting programs, etc. |  |
| 1. **Networking, Emerging Issues and/or announcements** | **Issue for reflection:** what supports for children with disabilities are you aware of? What gaps do you see?   * Change in wording from “disability” to other terms like “neurodivergent” * Physical accessibility is a huge issue * Sensory processing disorders can be a challenge. Programming should be accessible – reluctance to touch with hand, maybe with a stick * Funding for children with special needs takes a long time to access in schools and day cares. This is difficult for parents. * [Specialized Services for Children and Youth](https://sscy.ca/) – a presentation might be useful to help us know what services they can provide. * There is a need for support for newcomer children and youth with special needs. Resources aren’t always available in a timely way. IRCOM has had grants for one-on-one support a few years ago, which were very helpful.   IRCOM   * Programs are currently all virtual * Income tax preparation is offered free of charge * Virtual cooking programs * After school programs – recreational, homework * Dental hygiene for children - workshop * Hoping to begin in person programming in March * Upcoming Bookmaking program for families   Mosaic   * English classes will start next week * Ask the Doctor [presentation](https://www.dropbox.com/s/h44ha5scrctt5dz/New%20Ask%20the%20Doctor%20%20Tigrinya%20interpretation%20February%202022.pdf?dl=0) on Feb. 18. Interpretation in Tigrinya * Recruiting participants for [family engagement mentorship](https://www.dropbox.com/s/mnikhkz506eb8dq/promo%202022%20%20Family%20Engagement%20Mentorship%20%20big%20Poster%208.5x11.pdf?dl=0) – opportunities to practice in child/family settings. 120 hours. CLB level – usually 3 or 4. Flexible and everyone works on their own time. * New project – [Thriving in a New Home](https://www.dropbox.com/s/31g0x9vjlaxngdh/Thriving%20in%20a%20New%20Home%20%E2%80%93%20Referral%20Form.pdf?dl=0). A home visit project for refugee moms. Promoting mental health. * Email - [GGalli@mosaicnet.ca](mailto:GGalli@mosaicnet.ca) |  |
| 1. **Committee Updates** | **Executive Committee**   * Survey – results that people would like more networking and support, more information about PC resources. Less coalition business and finances. Funding, pandemic issues, zoom, increasing participation in agencies – all issues agencies are dealing with. Meetings will reflect some of these * Two half-day planning meetings will happen, starting on February 28 to look at the future and transition. A recommendation will then be brought to the larger body.   **Resource Committee**   * + Next meeting March 7. Need some decisions about frequency of workshops, etc.   **Ad Hoc Transition Committee**   * + Continuing to meet. Discussion will go to Executive then the coalition for decisions. |  |
| 1. **Stretch/breathe with Amna** |  |  |
| 1. **Staff Updates** | **Program Showcase** – story of Mr. Wiggle and Mr. Waggle - Chris  **Staff updates**   * See [staff summary](https://www.dropbox.com/scl/fi/0vat34y2tbfrwxyoydzey/February-staff-summary.docx?dl=0&rlkey=lvpzsp6iytxznwuwo1sigbz1z) * We hope to share some things we’ve learned about needing breaks during Zoom meetings |  |
| 1. **Next Meeting** | **Wednesday, March 16 @ 1:30 pm**  **Agenda items:**   * Proposed budget * Results of Executive meetings |  |