

Munch Minute

EASY INFORMATION FOR PARENTS



BEWARE OF THE "PRAISE TRAP"

- Reinforce when children have done well and worked hard
- Notice and encourage the child's motivation and dedication to the task
- Focus on their effort, not the outcome.

**"You stuck with it!
You got all the cars into
the basket. Well done."
This says more than
'you are so clever'
or 'good girl'.**



Source: Ontario Ministry of Education