

# Munch Minute

EASY INFORMATION FOR PARENTS



## DID YOU KNOW?

---

**Literacy is the strongest predictor of future health.**

- Read together. Snuggle. Be silly!
- Go to the library and take new books home. Read them together each day.
- Leave books where kids can reach them – in a basket or on a low shelf.

**KIDS LEARN ABOUT READING BY WATCHING YOU READ. EVERY DAY.**



Source: Families Canada