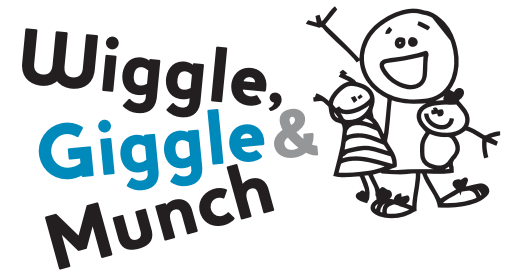


# Munch Minute

EASY INFORMATION FOR PARENTS



## EARLY TODDLER MOVEMENT SKILLS

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### (12-24 Months)

- Walk without help
- Pull toys while walking
- Carry toys while walking
- Stoop and get back up
- Begin to run
- Kick a ball
- Hold railing up/down stairs
- Walk backwards

**PRACTICE THESE SKILLS TOGETHER!**

