

Munch Minute

EASY INFORMATION FOR PARENTS



GO FOR A WALK. IN A BOOK.

Don't take a single step. Don't read a single word. Take a walk through a book, but use only the pictures and your imagination.

1. **Don't** read a single word!
2. Keep it short.
3. Introduce new words.
4. Ask questions about the pictures.
5. Follow the lead of your child.
Encourage predictions.
6. Be patient. Wait for a response from your little ones.
7. Have a conversation. Reply to their response.

