



Regional Winner of the 2008 *Speaking of Food and Healthy Living Award*, given by the Dietitians of Canada and Kraft.

## Program Leader Training

You are invited to come and learn how to lead this exciting parent/child program.

Friday, October 26<sup>th</sup>, 2018  
9:00 a.m. – 4:00 p.m.  
West End Commons  
641 St. Matthews Avenue

Wiggle, Giggle & Munch offers families with young children a time to develop skills and have fun together through active play and a healthy snack.

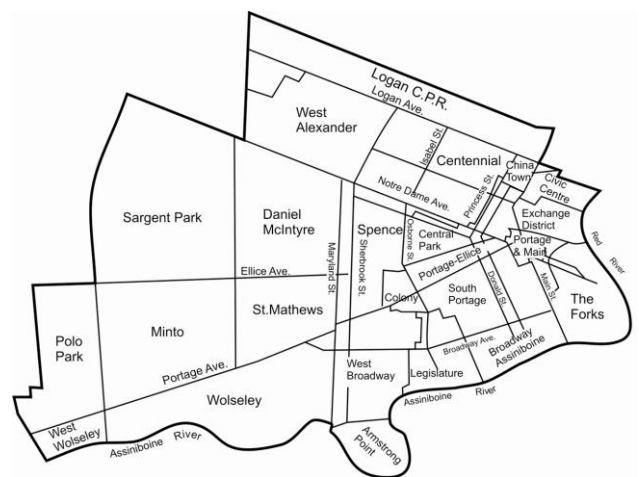
You will receive the Wiggle, Giggle & Munch handbook and learn:

- how to lead a Wiggle, Giggle & Munch program
- why it is important for toddlers/preschoolers to be active
- how to encourage parents to play with their toddlers/preschoolers
- how to promote healthy eating for toddlers/preschoolers

Cost for this training is **\$10.00** for those who live in or serve members of the [downtown area](#) and **\$60.00** for all other participants.

This event is limited to 20 participants. **Priority** will be given to individuals and groups from the [downtown area](#) (see map for boundaries).

For more information leave a voicemail message at 204.475.5755 or email [wgm@communities4families.ca](mailto:wgm@communities4families.ca)



This is a program of Communities 4 Families



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## Wiggle, Giggle & Munch Program Leader Training

**Registration Form – October 26<sup>th</sup>, 2018**

**(Registration Deadline October 19, 2018)**

**Your Name:**

**Name of Organization (if you are representing one):**

**E-Mail Address:**

**Phone:**

**Address:**

**Postal Code:**

**Lunch will be provided for this training. Please let us know if you have special dietary needs:**

**Will you be running a WGM program for your organization?**

**Level of English - benchmark 4 is required for this training. Do you meet this criteria?**

**We will confirm your spot once we receive your registration FORM and PAYMENT.**

### **Payment Information:**

Please make your cheque out to **Klinic**.

To pay by credit card call (Thursday/Friday office hours) or email Wendy at 204.784.4007 / [wemerson@klinik.mb.ca](mailto:wemerson@klinik.mb.ca)

(For all other inquiries please use the contact [wgm@communities4families.ca](mailto:wgm@communities4families.ca))

### **Send Registrations to:**

Communities 4 Families, Attn: Kelly  
823 Ellice Ave., Winnipeg, MB R3G OC3

- or -

Email: [wgm@communities4families.ca](mailto:wgm@communities4families.ca)

- or -

Fax #: 204.772.1380 Attn: C4F-Kelly