



Annual Report 2013-14

823 Ellice Ave.

Winnipeg, MB R3G 0C3

Voicemail: 204.475.5755 **Email:** info@communities4families.ca

Website: communities4families.ca or "Like" us on Facebook

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Agenda - June 18, 2014



Welcome and Introductions

Approval of Agenda for the day

A brief history of Communities 4 Families - Leslie Nutbean

Wiggle, Giggle & Munch: background - Alana Garcia

Wiggle, Giggle & Munch: highlighting WGM at Sister MacNamara School - Alexis Brown

Minutes of the June 19, 2013 AGM

Audited Financial Statements

Chairperson's Report

Committee Reports

Presentation of Terms of Reference

Presentation of Officers

Announcements

Adjournment

Members of Communities 4 Families 2013-14

Karen Baird	Mulvey School
Dorota Blumczynska	The Immigrant & Refugee Community Organization of MB
Deborah Clark	Community Member
Carmen Court	WSD1
Shannon Curtaz	YMCA/YWCA
Monica Dinney	Bookmates
Cassandra Fines	Day Nurseries
Genny Funk-Unrau	Klinic Community Health Centre
Karen Glugosh	City of Winnipeg Community Services
Cassandra Houle	Pregnancy and Family Support Services
Michelle Johnson	Frontier College
Hope Lawson	Manitoba Housing
Frank Liebrecht	Community Member
Karen Naumiuk	Parent Child Programs in Schools Initiative in MB
Debbie Nikiel	Greenway School
Leslie Nutbean	St. Matthews Kids Korner
Tamara Opar	Winnipeg Public Library
Anne Sikora	Winnipeg Regional Health Authority
Janet Simpson	Winnipeg Regional Health Authority
Sharon Taylor	Wolseley Family Place
Jean Tinling	Mosaic - Newcomers Family Resource Network

Committee Members 2013-14

Chairperson - Deborah Clark

Vice Chairperson - Leslie Nutbean

Banker - Klinik Community Health Centre

Executive Committee: Deborah Clark (Chair), Leslie Nutbean (Vice-Chair), Dorota Blumczynska (Past Chair), Genny Funk-Unrau, Cassandra Houle, Michelle Johnson, Ingrid Peters Derry (staff)

Communications Committee: Leslie Nutbean (chair), Karen Glugosh, Ingrid Peters Derry (staff)

Literacy Committee: Michelle Johnson (chair), Judy Baker, Deborah Clark, Monica Dinney, Karen Naumiuk, Tamara Opar, Janet Simpson, Ingrid Peters Derry (staff)

Resource Committee: Genny Funk-Unrau (Chair), Carmen Court, Cassandra Fines, Debbie Nikiel, Jean Tinling, Alana Garcia (staff), Ingrid Peters Derry (staff)

Council of Coalitions Representative: Ingrid Peters Derry

EDI Representative: Deborah Clark

Evaluation Representative: Deborah Clark

Staff: Coordinator: Ingrid Peters Derry
Wiggle, Giggle, and Munch Trainer/Mentor: Alana Garcia

Communities 4 Families Annual General Meeting Minutes June 19, 2013

Present: Karen Baird, Judy Baker, Kelly Barnett, Mabilia Baston, Megan Brisco, Noelle Campbell, Karen Cook, Monica Dinney, Genny Funk-Unrau, Laureen Fulham, Karen Glugosh, Liz Kovach, Hope Lawson, Frank Liezeit, Angie Makumi, Kristin Millar, Lisa Murdock, Debbie Nikiel, Leslie Nutbean, Roxane Sarrasin, Terri Warner, Sarah Wiebe

Staff Present: Alana Garcia, Ingrid Peters Derry

Chairing this meeting: Dorota Blumczynska

Recorder: Ingrid Peters Derry

1. Welcome and Introductions

2. **Approval of Agenda for the day.** Moved by Genny Funk-Unrau, seconded by Frank Liezeit, that the Agenda for the day be approved. Carried.

3. Speaker

- Dr. Rob Santos - *Emerging Trends and Current Research on Child and youth Mental Health*. Our challenge for 2013-14 and the next 5 years: bridging the gap between what we know and what we do every day in our communities. A treatment model is insufficient for the burden of the problem. Prevention is the only way that will make a difference. EDI shows that about 1 in 3 downtown children are not ready for kindergarten (1 in 4 in the rest of Winnipeg). 1 in 2 aboriginal or newcomer children are not ready. This is important because the preschool age group is the second fastest growing age group in MB. 1 in 4 babies are born in toxic stress in MB (2 out of 3 indigenous babies).

4. **Minutes of the June 20, 2012 AGM** - Moved by Frank Liezeit, seconded by Genny Funk-Unrau, that the minutes of June 20, 2012 AGM be approved. Carried.

5. Reports

- **Audited Financial Statements** - Moved by Genny Funk-Unrau, seconded by Hope Lawson, that the Communities 4 Families financial report for 2012/13 be

accepted as presented. Carried. Thanks to Klinik for acting as banker and providing the audited financial statement.

- **Chairperson's Report** - as distributed.
 - **Committee Reports** - as distributed. Thank you to all committee members for their hard work throughout the year.
6. **Presentation of Terms of Reference** - as distributed. Some changes and additions have been made and approved at the May 2013 meeting of the Coalition (specifically, the inclusion of a member-at-large position on the Executive). Genny Funk-Unrau moved that we approve the changes in the TOR as presented. Debbie Nikiel seconded the motion. Carried.
7. **Presentation of Officers** - The chairperson for Communities 4 Families for 2013-14 will be Deborah Clark. Leslie Nutbean will be vice-chair. Klinik continues on as banker. The Executive Committee is composed of the committee chairs and one member-at-large, Cassandra Houle.
8. **Announcements:**
- Thank you to Dorota Blumczynska for her work with the Coalition.
 - Thank you to Ingrid Peters Derry for 10 years working with the Coalition.
 - CNJU Nostalgia radio station - has a new spot on the dial, 93.7 FM.
9. **Adjournment** - Dorota Blumczynska moved that we adjourn the meeting.

Next Regular Meeting of the Coalition:

September 18, 2013 at 1:30 p.m.

at Daniel McIntyre St. Matthews Community Association, 823 Ellice Ave.

Chairperson's Report

2013-2014

Communities4Families (Downtown Parent Child Coalition) has had an amazing year. It's been 15 years since the idea of parent child coalitions grew into the dynamic and diverse group it is today. Our members and the families they serve have grown more dynamic and diverse as populations have shifted throughout our communities. We have had more programs, events and locations happening than ever before. Our keystone program, Wiggle, Giggle and Munch is celebrating its tenth anniversary. Our staff works hard to bring the various aspects of our coalition's operation, programs, events and training, to our members and community residents. Ingrid and Alana make the Coalition much of what it is today, as much as the membership has guided the coalition to where it is now and where it is going in the future.

I am proud that my first year as Chair has been so successful. It is through the work of the Committees and the members that I can say that the coalition has done so many great things. We have given grants to new groups and programs as well as supporting existing ones. Our Literacy Event grew from one event to two; and at two different locations, serving two different populations. I was fortunate enough to have sat in on Alana's inaugural training workshop. She did, and does, a magnificent job not only in presenting the information but in relating to the trainers. Ingrid's work on bringing our Books for Babies initiative has been brought to fruition. She has promoted them so successfully to the coalitions that we are doing a second printing already.

On behalf of Communities4Families, I would also like to thank Healthy Child Manitoba for their continuing support and resources to our coalitions and those throughout the province. We bid a fond farewell to Wendy Church. Lisa Murdoch has been tapped to fill the void.

Sincerely,

Deborah Clark
Chair

Resource Committee Report

This has been another full year of trainings and support to family programs. We offered the following trainings during the year.

- In April 2013 our new training *Basic Tools for Facilitating Family Programs* was launched. We offered it again in November. In total 43 participants were trained of which 41 were from the Downtown.
- We offered the Wiggle, Giggle & Munch Facilitator training in September 2013 and February 2014. There were 42 participants in the two trainings of which 27 were from the Downtown.
- In October 2013 we sponsored a Positive Discipline in Everyday Parenting training. There were 21 participants in the training of which 11 were from Downtown.
- In January 2014, we sponsored a Bookmates Working With Newcomer Families training. There were 12 participants of which 10 were from the Downtown.
- Out of 2013-14 funding our committee gave 4 bursaries to residents from the Downtown to attend the Nobody's Perfect training in early April 2014.

To assist in her mentoring role, Alana Garcia our Trainer/Mentor, attended training for Positive Discipline and Attachment Theory training level one as well as a refresher for Handle with Care. She also co-facilitated Nobody's Perfect at Immigrant Centre and Positive Discipline at the Entry program in partnership with Mosaic. She held three Wiggle, Giggle & Munch facilitator meetings this year where they looked at crafts and literacy, physical literacy, and the piloting of the literacy/craft packs, which Alana developed.

The Resources Committee created an ad hoc subcommittee to plan a Wiggle, Giggle & Munch 10th Anniversary Celebration. The celebration took place on May 29, 2014.

The Resources Committee members this year were Carmen Court, Cassandra Fines, Debbie Nikiel, Jean Tinling and Genny Funk-Unrau (chair). We appreciate the ongoing staff support from Alana Garcia and Ingrid Peters Derry.

Respectfully submitted by,

Genny Funk-Unrau
Chairperson

Communication Committee Report

The communication committee has continued on providing support and resources for the coalition and the community at large. Our newsletters provide information, resources and this year, we have highlighted some of the programs which have received funding to share their successes. We have gone to 3 newsletters per year to provide more timely information. We continue to provide promotional items such as bean bags, Frisbees, and tattoos for the WGM events, plus more pens.

The coalition took on the task of mapping resources within our downtown community and gave conversation on how best to provide this information to our families and agencies. The committee is reviewing our website and the use of other social media technology to better provide this information.

The committee presented an idea of providing a hands-on flagship event where agencies and services would provide families with a guided introduction to the opportunities within their community. The coalition was supportive however it was tabled.

I would like to thank Ingrid Peters Derry for all her hard work. It's been another hectic year away from the committee for me and Ingrid was very helpful and supportive, greatly appreciated.

Thanks also to Karen Glugosh who has provided that new energy and expertise to the committee.

The Communication Committee continues to evaluate our role in how best to provide support to the coalition, service providers and families, I look forward to seeing the visibility and resources of the coalition expand to provide for all that is our community.

Respectfully submitted

Leslie Nutbean
Chairperson

Literacy Committee Report

The Literacy Committee had an amazing 2013-14. The committee expanded on its past success by hosting 2 Family Literacy day events in the month of February. The first was hosted at Cindy Klassen Recreation Center and the second found its home at Wii Chiiwaakanak Learning Center. With wonderful guest readers and activities to reinforce comprehension of the story the parents and children experienced a social evening of culture, craft, learning and fun. Both evenings brought people together for a lesson in the importance of being themselves and loving who they are through the story of “The Old Woman and The Eagle”. Each child was able to leave with a copy of the book, their creations and a positive memory of reading and the adventures it may take you on. In total Cindy Klassen had 14 adults surveys completed and 44 children participating in the activities while Wii Chii had 17 surveys completed and 29 children participating. While we had planned for a little more each evening we were very pleased with the participation and numbers that the evenings hosted.

The committee has continued its “Books for Babies” project with great success. Not only were we able to continue the legacy of a beautiful Winnipeg book and get it into the hands of new moms throughout the downtown, we were also approached by other coalitions interested in using the books in their communities. This was a great partnership not only to increase order numbers and keep printing costs low but also because it has expanded the incentive and reach of this idea and put the book on shelves across our city.

We also review and provide recommendations for the Family Literacy Grants applications the coalition receives and are excited about being a part of all the amazing programming that will come from those grants.

We can attribute this great year to the hard work of our committee members, community partners, volunteers, sponsors and staff (Ingrid and Alana) whose collaborated efforts make the downtown coalition a true success. Thank you and here we go again in 2014-15. Let’s make it great.

Respectfully submitted,

Michelle Johnson
Chairperson

Staff Reports

This past year has been a very busy and successful one for Wiggle, Giggle & Munch and other family programs supported by Communities 4 Families. Here is a brief summary of the activities I was involved with as the Mentor/Trainer for Communities 4 Families.

September was filled with supporting groups with their start up as well as preparing for and running the first training of the year. WGM facilitator training was held with 22 people in attendance. At the end of the month I worked with Roselyn Advincula at Immigrant Centre to plan for and begin a Nobody's Perfect parenting program which ran from October through December.

In October I was busy going out to the various WGM programs to offer support and feedback as well as preparing for the next training, Basic Tools for Facilitating Family Programs, which was held with 19 people in attendance.

In November I also held a meeting with the WGM facilitators. This meeting focused on integrating literacy into the programs, with an emphasis on reinforcing learning through crafts and activities that go along with the books. I attended Wellington School's Book Bag workshop as well as meetings for the planning committee for the WGM anniversary celebration.

In December I spent time developing a resource for facilitators which will help make planning and preparation time easier and will help facilitators ensure that all the elements are included in each session.

In January I held a planning meeting with facilitators from John M King, Sister MacNamara, IRCOM and a new program running in Elmwood. I introduced the new literacy kits and we planned several sessions together. I met with the leaders from Dufferin and Winnipeg Inner City Mission to introduce the kits and do some planning for their groups. I spent some time mentoring the leaders of the WICM group and helping them to develop their program.

In January I was also privileged to attend Attachment Level 1 Training at Aulneau Centre.

February began with a WGM training, which was attended by 20 people. I led WGM stations at both Family Literacy events. I attended an all day workshop on Physical Literacy, and a day session for Nobody's Perfect, with a focus on working with Newcomer Families.

In March I attended a meeting for Handle With Care as well as a four day training for Positive Discipline.

In April, I attended a facilitator meeting at Mosaic and a stakeholder's meeting about physical literacy at Sport Manitoba. The rest of my time was spent preparing for the Basic Tools training, which was held on April 25 and was attended by 19 people.

May began with the Learning Together Conference at Greenway school, at which I led a station for Wiggle, Giggle & Munch. I also hosted a facilitator meeting which focused on physical literacy. I began co-facilitating Positive Discipline at the Entry Program. The highlight of this month was our ten year celebration of Wiggle, Giggle & Munch, which was held on May 29 and was a well-attended, action-packed event.

June found me making final visits to our WGM programs, attending a Handle with Care refresher, and finishing up Positive Discipline at Entry.

This has been an exciting year. I have seen the various WGM facilitators grow in their skills and in their ability to connect with families. I have learned a great deal from the facilitators, from the trainings I have been privileged to attend, and from the families I have the honour to connect with. It is a great pleasure to work in this community. I would like to express my gratitude to the Resource Committee for their support and guidance throughout the year.

Respectfully submitted,

Alana Garcia
Trainer/Mentor

I was hired with Genny Funk-Unrau in November, 2003. Since then, we, and now I, have been doing much of the administrative work of the Coalition as a whole and for the committees working within the Coalition. Some of the tasks this year have been:

- Working with committees to help process grant applications.
- Helping the Resource Committee as they continued to support the *Wiggle, Giggle & Munch* program and deliver trainings. Providing additional trainings became part of the mandate of this committee. Tasks included:
 - Assisting and supervising Alana as C4F mentor/trainer
 - Assisting with the promotion of the various trainings
 - Helping to plan and coordinate the 10th Anniversary celebration of WGM
 - Planning to incorporate Literacy ideas into the WGM manual
- Working with the Literacy Committee on the Books 4 Babies project, seeking permission to reprint Healthy Child's book and making those books available to other coalitions.
- Working with the Literacy Committee in partnership with other community organizations to host Family Literacy events at Cindy Klassen Recreation Centre and Wii Chiiwaakakan Learning Centre.
- Working with the Communication Committee to publish and distribute 3 newsletters for downtown Families and to keep our website updated. We began to think about possibilities for renewing the website in a way that continues to make it a great resource for downtown families and agencies.
- Working with an ad hoc committee committed to mapping downtown resources and noting gaps. This work will help to provide direction to the work of the coalition.
- Representing the Coalition at the Council of Coalitions and working with the Council on maintaining a website.
- Keeping abreast of various downtown resources by attending networking meetings.

Working with the Coalition and its many dedicated members has been a real privilege. It has been wonderful to be part of a group of people committed to the welfare of our many and diverse downtown families.

Respectfully submitted,

Ingrid Peters Derry
Coordinator

2013-14 Grants

Total Grants Awarded: \$ 58,781.96

Agape Table - Agape Table for Kids

Art City -Green Art

Bookmates - Rock and Read

Council of S. Sudanese Community of MB - Book Bags

Day Nursery Centre - Rock and Read

Family Food Group - Parent child activities

Filipino Women's Initiative - WGM and *Uzazi Pamoja: Parenting Together*

Greenway School - WGM

Immigrant Centre - Nobody's Perfect, Positive Discipline, 3 Stars and a Wish and Book Bags

Immigrant and Refugee Community Organization of MB - WGM, Summer Family Fun and Nobody's Perfect

John M King School (with Mosaic) - WGM

KidBridge - Parent child activities

Mosaic - Positive Discipline and Summer WGM

Pregnancy and Family Support Services - Nobody's Perfect and Positive Discipline

Sister MacNamara School - WGM

West Central Women's Resource Centre - Our Mothers Standing Strong Together

Winnipeg Inner City Missions - Learn and Play

Wellington School - WGM

Wolseley Family Place - WGM

Wellington School - Book Bags

Wii Chiiwaakanak Learning Centre - Reading Circle