



# ANNUAL REPORT 2011-2012



## MEMBERS OF COMMUNITIES 4 FAMILIES 2011-12

Karen Baird	Mulvey School
Dorota Blumczynska	The Immigrant & Refugee Community Organization of MB
Kirby Borgardt	N.E.E.D.S Centre
Deborah Clark	Aboriginal Circle of Educators
Monica Dinney	Bookmates
Cassandra Fines	Day Nurseries
Genny Funk-Unrau	Klinik Community Health Centre
Rosemarie Gjerek	Klinik Community Health Centre
Karen Glugosh	City of Winnipeg Community Services
Fernanda Hodgson	Day Nurseries
Cassandra Houle	Pregnancy and Family Support Services
Krista Law	The Immigrant & Refugee Community Organization of MB
Hope Lawson	Manitoba Housing
Frank Liebzeit	Community Member
Claire Meiklejohn	Winnipeg Regional Health Authority
Karen Naumiuk	Parent Child Programs in Schools Initiative in MB
Lea Neufeld La Rue	The Family Centre of Winnipeg
Debbie Nikiel	Greenway School
Leslie Nutbean	St. Matthews Kids Korner, Inc.
Janet Simpson	Winnipeg Regional Health Authority
Dolores Sousa	WSD1
Sharon Taylor	Wolseley Family Place
Jean Tinting	Mosaic - Newcomers Family Resource Network



## COMMITTEE MEMBERS 2011-2012

**Chairperson** - Dorota Blumczynska

**Vice Chairperson** - Claire Meiklejohn

**Banker** - Klinik Community Health Centre

**Executive Committee:** Dorota Blumczynska (Chair), Claire Meiklejohn (vice-chair), Genny Funk-Unrau, Rosemarie Gjerek, Karen Naumiuk, Lea Neufeld La Rue, Leslie Nutbean, Sharon Taylor, Ingrid Peters Derry (staff)

**Communications Committee:** Leslie Nutbean (chair), Deborah Clark, Ingrid Peters Derry (staff)

**Communities 4 Change Committee:** Sharon Taylor (chair), Karen Glugosh, Krista Law, Frank Liebzeit, Kathy Mallett, Claire Meiklejohn, Ingrid Peters Derry (staff)

**Literacy Committee:** Lea Neufeld La Rue (chair), Judy Baker, Dorota Blumczynska, Michelle Johnston, Tamara Opar, Ingrid Peters Derry (staff)

**Grants Committee:** Dorota Blumczynska (Chair), Monica Dinney, Frank Liebzeit, Ingrid Peters Derry (staff)

**Resource Committee:** Genny Funk-Unrau (Chair), Jasbir Chib, Debbie Nikiel, Jean Tinling, Jill Dyson (staff), Alana Garcia (staff), Ingrid Peters Derry (staff)

**Wellness Committee:** Karen Naumiuk (chair), Rosemarie Gjerek, Cassandra Houle, Krista Law, Claire Meiklejohn, Ingrid Peters Derry (staff)

**Council of Coalitions Representative:** Ingrid Peters Derry

**EDI Representative:** Dorota Blumczynska

**Evaluation Representative:** Dorota Blumczynska

**Staff:** Coordinator: Ingrid Peters Derry  
Wiggle, Giggle, and Munch Trainer/Mentor: Jill Dyson, Alana Garcia



# Communities 4 Families Annual General Meeting Minutes June 15, 2011

**Present:** Carmen Court, Leigh Enns, Rosemarie Gjerek, Karen Glugosh, Cassandra Houle, Krista Law, Hope Lawson, Frank Liezeit, Roy Mulligan, Lisa Murdock, Karen Naumiuk, Lea Neufeld La Rue, Debbie Nikiel, Megan Prydun, Charlene Thiessen, Lesley Weisshaar

**Staff Present:** Jill Dyson, Ingrid Peters Derry

**Chairing this meeting:** Rosemarie Gjerek

**Recorder:** Ingrid Peters Derry

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## 1. Welcome and Introductions

## 2. Approval of Agenda for the day

## 3. **Speaker** - Roy Mulligan, Project Coordinator, After the School Bell Rings: A Manitoba After School Recreation Project (see attached presentation).

- a. A 2-year project of Recreation Connections Manitoba and Green Action Centre to address the physical inactivity and obesity crisis among Canadian/Manitoban children and youth 6-12 year.
- b. Website [www.afterschoolmanitoba.ca](http://www.afterschoolmanitoba.ca) . Pilot sites will likely include healthy snacks - some education will be done around groups preparing healthy snacks.

## 4. **Minutes of the June 16, 2010 AGM** - Change of date on the minutes from June 17, 2009 to June 16, 2010. Moved by Rosemarie Gjerek, seconded by Karen Naumiuk, that the minutes of June 16, 2010 be approved as corrected. Carried.

## 5. Reports

- a. **Audited Financial Statements** - Moved by Rosemarie Gjerek, seconded by Frank Liezeit, that the Communities 4 Families financial report for 2010/11 be accepted as presented. Carried. Thanks to Clinic for acting as banker and providing the audited financial statement.
- b. **Chairperson's Report** - as distributed.

c. **Committee Reports** - as distributed. Thank you to all committee members for their hard work throughout the year.

6. **Presentation of Officers** - The chairperson for Communities 4 Families for 2011-12 will be Dorota Blumczynska. Clair Meiklejohn will be vice-chair. Rosemarie Gjerek (Klinic) continues on as banker. The Executive Committee is composed of the committee chairs.

7. **Announcements:**

- Thank you to Jill Dyson for her work with the WGM program this year.
- Thank you to Ingrid Peters Derry for her work with the Coalition.
- The hard work of the committees is acknowledged with gratitude.
- This is Megan Prydun's last meeting as she is leaving NEEDS to pursue Master's degree. Thank you Megan, for your work with the coalition.
- **June 20** - City of Winnipeg hosting Youth Expo at Portage Place 10 a.m. - 3 p.m. Art space will be opening at the mall in fall (more information will be coming).
- **June 26** - Immigration Celebration to celebrate the contribution of newcomers in the past 25 years. 2-6 p.m. at Central Park. 6-8 p.m. Homecoming celebration at IRCOM house. A video that was put together by IRCOM and NEEDS will be shown at the Homecoming. The Coalition would like to see the video in fall.
- **June 30** - Pregnancy and Family Support Services and Sister MacNamara School are hosting a summer kick-off from 1-4 p.m. in Sr. Mac school yard.
- **July 1** - MB Housing is hosting a celebration in Central Park from 10:30 - 6:00.
- **September 15** - The Wellness Committee is hosting a Wellness Fair at Dufferin School from 5-6:30 p.m. in conjunction with Meet-the-Teacher night. Invitations are extended to organizations interested in showcasing their initiatives related to wellness.
- 80 Newcomer youth will be presented with \$1000 scholarships at Gordon Bell High School.
- Nostalgia radio station is moving to CMHA.

8. **Adjournment**

Next Regular Meeting of the Coalition:  
September 21, 2011 at 1:30 p.m.  
at Robert A. Steen Community Centre



## REPORT FROM THE CHAIRPERSON 2011 - 2012

Communities 4 Families has had a year of learning and transition as we try to build on our successes from last year's accomplishments. We have seen new members added to our numbers, members committed to considering the needs of families living in the downtown community. Active involvement of the membership has made for lively discussion at meetings and hardworking committees.

As her second year as chair comes to an end, we thank Dorota Blumczynska for her hard work as chair, and congratulate her on the birth of her daughter, Kala. We look forward to Dorota's return as chair in fall.

On behalf of Communities 4 Families, I wish to thank Healthy Child Manitoba for their continuing support of all the Parent-Child coalitions across Manitoba. Without your leadership and collaborative approach, our communities and families would not have benefited from the expertise and dedication you have been able to foster.

Sincerely,

Claire Meiklejohn, Acting Chair  
Communities 4 Families



## EXECUTIVE COMMITTEE REPORT 2011 - 2012

The Executive Committee has been busy this year as usual as we supported the work of various committees, continued to collaborate with Healthy Child Manitoba and supported programs and agencies throughout the downtown that make a significant difference in the lives of families.

Once again, our Strategic Planning process was central to our visioning. We undertook the process in the late fall, and Committees had time to examine their role and what they wanted to focus on. This was the fifth year we were able to engage an outside facilitator to lead us through the process while reminding us of the work we have done thus far.

This work would not have been possible without the dedication and incredible passion for the downtown community exhibited by the members of the Executive, most of whom are also committee chairs; Dorota Blumczynska, Chair of the Coalition; Karen Naumiuk, Wellness; Lea Neufeld La Rue, Literacy; Leslie Nutbean, Communications; Sharon Taylor, Communities 4 Change; Genny Funk-Unrau, Resource; and Rosemarie Gjerek, banker.

Sincerely,

Claire Meiklejohn, Acting Chair  
Executive Committee



## COMMUNITIES 4 CHANGE COMMITTEE REPORT 2011-2012

Our funds for the year allowed for projects on:

- Capacity building in the community of the downtown area
- Training for volunteers about issues from a resource centre
- Food Handling training
- Nutritional program immigrant mothers from the Mary Jane's Cooking School
- Assisted with the Open House and Signage of the Sherbrook Pool
- Training for newcomer women in food handling, first aid and parenting program
- Training Child Care Assistants to set up home daycares
- Photo Voice to Change

Throughout the year, our committee met with the Superintendent of Inner School Schools to discuss partnership opportunities. We hope in the next year to continue to mobilize and influence policies for the betterment of our families and their communities.

Respectfully submitted,

Sharon Taylor  
Communities 4 Change committee chair



## WELLNESS COMMITTEE REPORT 2011-2012

With the restructuring of the Healthy Lifestyles committee, the Wellness Committee was formed. The committee consisted of Claire Meiklejohn, Krista Law, Cassandra Houle, Rosemarie Gjerek, Karen Naumiuk as Chair, and staff member, Ingrid.

The committee met four times throughout the year. The major focus was the Wellness Fair that was held at Dufferin School on the evening of their Meet the Teacher. There was information given out to parents from many agencies i .e. Frontier College gave away free books and showcased their programs; The Winnipeg Library was there and showcased their Check It Out with free bookmarks; there was information from the WRHA, about healthy teeth with free toothbrushes and the nutritionist. In Motion was outside with various physical activities and suggestions for parents and children to participate in. The Communities 4 Families had a table as well. The \$ 1000.00 budget amount requested by the committee was not used as the school covered the food costs.

With our next year planning under way, the committee is again asking for a \$ 1000.00 for our budget line. We are again planning another Wellness Fair. We hope to have it offered in the fall again in another area of our coalition. Talks are under way with various locations to have the Wellness Fair. At our June meeting, we will be finalizing plans.

Our committee would also like to undertake an educational role if the membership would like this approach. We would bring speakers/presentations to the membership meetings. This would be for approximately 15-20 minutes of meeting time. Such topics could be around parenting, dentistry, housing, mental health, youth and addictions, trauma and kids and eating disorders.

Our committee is seeking to replace retiring committee members. We sincerely thank, Rosemarie and Krista for their dedication to this committee.

Respectfully submitted,

Karen Naumiuk  
Wellness Committee Chair



## RESOURCE COMMITTEE REPORT 2011-2012

At the December 2010 Communities 4 Families' annual planning session it was decided to make some changes to our committees. One of the results was the creation of the Resources Committee mid-year. Its purpose is to fulfill the Communities 4 Families goals for resource activities that we want to encourage within community groups and as informed by the Strategic Planning meetings of the coalition.

The Resource Committee now oversees resource materials and trainings created by the coalition such as the Wiggle, Giggle & Munch (WGM) program and staff person and the literacy manuals created by the Literacy Committee. The Wiggle, Giggle & Munch Working Group that formally oversaw WGM activities and staff was dissolved in October 2011.

This year has been a year of transitions not only in committee structure but also committee membership and WGM staff. Jill Dyson left her position as Wiggle, Giggle & Munch Mentor/Trainer in June 2011 as she was expecting a child in the fall. In her place Alana Garcia was hired and started in September 2011.

In October 2011, the newly formed Resource Committee became responsible for the manuals the Literacy Committee created. These manuals are: Book Bags, Three Stars and a Wish, *Uzazi Pamoja: Parenting Together* and Literacy in Motion: Enriching Literacy through Play. How these manuals will be promoted and if there will be a training component related to the manuals is on the agenda for this committee.

The committee continued the Wiggle, Giggle & Munch related work such as overseeing the research project on WGM, 3 WGM trainings and the distribution of hardcopies of the WGM manual and CD. We have also been very excited by the growth in interest in groups wanting to offer WGM programs in the Downtown community. Communities 4 Families supported 6 groups \$26,465 in grant monies to run WGM programs throughout the year. Alana regularly connects with the groups and supports them as needed in their programming and through WGM facilitator meetings during the year.

The members of the Resources Committee during 2011-12 were Jasbir Chib, Genny Funk-Unrau, Debbie Nikiel and Jean Tinling with the staff support of Jill Dyson, Alana Garcia and Ingrid Peters Derry.

Respectfully Submitted by,

Genny Funk-Unrau  
Resource Committee chair



## COMMUNICATIONS COMMITTEE REPORT 2011 - 2012

It's so nice to be one name for a whole year. Yes, the Communications Committee has completed one whole year as itself. Our direction was changed as the result of our strategic plan to better promote Communities 4 Families within our community. The development of our quarterly newsletters has received a lot of positive comments; provided a lot of visibility for Communities 4 Families and resources for our families. As part of the Literacy and Wellness Committee activities, two of our newsletters were used as part of their promotion and involved wonderful resources for families to use. Promotional products such as literacy bags, book marks, pens, signage, posters and T-Shirts are used when marketing coalition's product and/or participation.

We also received a request to use our C4F website to promote resources from others to provide their resources for service providers. In collaboration with the General Child and Family Services Authority, the Website now has resources for both families and agencies on our website.

I would like to thank Ingrid Peters Derry and Deborah Clark for all their hard work during this year. As I have been somewhat busy with another project, I have appreciated that the committee has continued on in the direction that was determined for it. I look forward to the continual growth of this committee and expanding our visibility within our community and beyond.

Respectfully submitted

Leslie Nutbean  
Chairperson



## LITERACY COMMITTEE REPORT 2011- 2012

The past year has been an exciting one for the Literacy Committee. I would like to thank the members of the committee; Dorota Blumczynska, Judy Baker, Tamara Opar, Michelle Johnston and Ingrid Peters Derry (C4F) your enthusiasm, commitment and hard work over the last year. The goal of the C4F Literacy Committee is to support the development and delivery of intergenerational literacy programs in Downtown communities. Additionally, Strategic Planning sessions have provided the Literacy Committee direction for the following years:

STRATEGIC PRIORITY #2: Support exemplary family literacy programs have been developed and are being offered in the downtown area.

- All funded models completed with electronic resources developed.
- An evaluation plan developed.
- Models duplicated in the community.

Over the past three years, the Literacy Committee has worked to develop manuals for three literacy programs: *Three Stars and a Wish*, *Book Bags* and *IMPACT* (renamed *Uzazi Pamoja: Parenting Together*). In 2010/2011, the Literacy Committee ran pilots of and completed an evaluation of the programs with several partner organizations. In 2012, the Committee was overjoyed to share the much awaited manuals with service providers and the community with a manual launch that coincided with our Family Literacy Day Celebration. The recently formed C4F “Resource Committee” has picked up the manuals and will be developing training over the next few years to support organizations and community groups in running these wonderful literacy programs.

In partnership with Frontier College and Winnipeg Public Library the Literacy Committee held a well-attend Family Literacy Day Celebration at the Cindy Klassen Recreation Centre. The event was based around the story, *The Clever Boy and the Terrible Dangerous Animal* by Shah Idries. Much fun (and learning) was had by all!

Finally, the Literacy Committee is working with the Wiggle, Giggle and Munch working group to develop a literacy component for the Wiggle, Giggle and Munch program. Thank you Ingrid for all of you hard work in putting this together!

We welcome several new members to the Literacy Committee. We look forward to the year ahead!

Respectfully submitted,

Lea Neufeld La Rue  
Literacy Committee Chairperson



## GRANTS COMMITTEE REPORT 2011-2012

Over the years, Communities 4 Families has provided grants in the areas of Family Literacy, Healthy Lifestyles and Wiggle, Giggle & Munch. Last year, new grant categories were added: Parenting, Capacity Building, Changes, Recreation and Food Security. Many of these proved essential to community organizations throughout the downtown community.

The Grants Committee developed a new granting process that aimed to:

- Create one application for all C4F grants
- Hold one intake for applications for all priority areas
- Allocate funds based on community need
- Aim to distribute the majority of grant money before the summer

Various committees met to discuss the grant applications and then the chairs of those committees met with the Grants committee to determine final outcomes. It was decided that the Executive Committee could provide the same function without the aid of a Grants committee and the Grants Committee was disbanded.

Many thanks to the members of the Grants Committee who have contributed a wealth of their time and energy to our work over the years: Megan Prydun, Frank Liebzeit, and Monica Dinney.

Sincerely,

Claire Meiklejohn on behalf of the  
Grants Committee



## **GRANT RECIPIENTS 2011-2012**

### **Food Security Grants (\$4,600 total granted)**

- Children's House Montessori School
- General Wolfe School
- Greenway School
- Isaac Brock School Parent-Child Resource Centre
- Victoria Albert School

### **Capacity Building Grants (\$8,080 total granted)**

- Canadian Muslim Women's Institute
- West Central Women's Resource Centre

### **Recreation Grants (\$10,345 total granted)**

- Altered Minds Inc.
- Art City Inc.
- Burton Cummings Community Centre
- Immigrant Integration and Farming Co-Op
- Creative Retirement Manitoba
- Immigrant & Refugee Community Organization of MB
- Pregnancy & Family Support Service Inc.
- Sister MacNamara School Community Room
- West Broadway Youth Outreach

### **Parenting Grants (\$13,375 total granted)**

- Breastfeeding Buddies
- Central Park Men's Resource Centre Inc.
- Day Nursery Centre
- John Howard Society of Manitoba
- Learning Disabilities of MB
- Manitoba Association for Childbirth and Family Education
- Mosaic - Newcomers Family Resource Network Inc.

### **Changes Grants (\$8,000 total granted)**

- African Communities of Manitoba Inc.
- Friends of Sherbrook Pool Inc.
- Healthy Start for Mom & Me Inc.
- Mosaic - Newcomers Family Resource Network Inc.
- Winnipeg Central Women's Resource Centre Inc.

## **Literacy Grant Recipients (\$3,000 total granted)**

- African Communities of Manitoba Inc.
- Busy Bee Day Care Centre Inc.
- General Wolfe School
- Greenway School
- John Howard Society of Manitoba
- Mosaic - Newcomers Family Resource Network Inc.
- Sister MacNamara Parent Council
- Wellington School

## **Wiggle, Giggle & Munch Grant Recipients (\$26,465 total granted)**

- Central Park Summer Fun
- Dufferin School
- Pregnancy and Family Support Service Inc.
- Victoria Albert School
- Wellington School
- Wolseley Family Place

**Total Grants Awarded: \$ 73,865**



## STAFF REPORT 2011 - 2012

I was hired with Genny Funk-Unrau in November, 2003. Since then, we, and now I, have been doing much of the administrative work of the Coalition as a whole and for the committees working within the Coalition. Some of the tasks this year have been:

- Working with the various committees to help process grant applications and continue to develop a consistent approach to all of the grants distributed by the Coalition.
- Helping with the work of the new Resource Committee as they continued to support the *Wiggle, Giggle & Munch* program and deliver trainings. This included: assisting with contracting *Wiggle, Giggle & Munch* staff; orienting and supervising *Wiggle, Giggle & Munch* staff; assisting with the promotion of the *Wiggle, Giggle & Munch* facilitators' trainings; and developing a draft family literacy component to add to the *Wiggle, Giggle & Munch* manual. Also beginning to work with the Resource Committee on disseminating the new Family Literacy manuals.
- Working with the Wellness Committee in planning a Wellness Fair in cooperation with Dufferin School.
- Working with the Literacy Committee to launch 3 new family literacy facilitators' manuals, celebrating the event in partnership with Frontier Collage and the West End Library at a Family Literacy day celebration.
- Maintaining the web-site and developing a new section in partnership with the General Authority which may provide more resources agencies.
- Working with the Communication Committee to publish 4 newsletters during the year with themes related to various committees.
- Moving our office to the new Daniel McIntyre St. Matthews Community Association resource building at 823 Ellice Ave.
- Representing the Coalition at the Council of Coalitions and working with the Council on maintaining a website.
- Keeping abreast of various downtown resources by attending networking meetings.

Respectfully submitted,

Ingrid Peters Derry  
Coordinator



## FINANCIAL REPORT FOR THE PERIOD April 2011 - March 2012

- Klinik CHC provides Banker services for C4F
- Booke & Partners Chartered Accountants conducted Klinik's financial audit for 2011/2012. This audit included the C4F funds. There is a copy of Klinik's audited financial statement available for your perusal.
- C4F is funded by Healthy Child Manitoba Office (HCMO) and received an operating grant of \$153,800 for 2011/12.
- For the 2011/2012 fiscal year, C4F had operating funds of \$153,800 and \$29,989 of deferred, allocated revenue from 2010/11 which included \$3,576 of separate funding from HCMO to administer the Council of Coalitions website. In addition C4F received \$2,023 from the General Child and Family Service Authority for web site enhancement for a total operating budget of \$185,812.
- Expenses for 2011/2012 were \$172,981 with deferred revenues of \$12,421 comprised of \$7,952 in retainable surplus, \$2,856 (HCMO website funds) and \$1,613 revenue from training and sales of WGM resources which have been carried over into the current fiscal year.

### Summary of Expenses:

Salary & Benefits	\$ 53,851
Administration	\$ 1,500
Advertising Costs	\$ 3,311
Office	\$ 7,093
External Grants	\$ 85,695
Website Development/Resource Inventory Project	\$ 5,267
Wiggle, Giggle & Munch	\$ 16,264

- I would make a motion that the C4F financial report for 2011/2012 be accepted.

Respectfully Submitted,

Rosemarie Gjerek  
On behalf of Klinik Community Health Centre  
Banker