



ANNUAL REPORT 2010-2011



MEMBERS OF COMMUNITIES 4 FAMILIES 2010-11

Members

Dorota Blumczynska	The Immigrant & Refugee Community Organization of MB
Deborah Clark	Aboriginal Circle of Educators
Monica Dinney	Bookmates
Genny Funk-Unrau	Klinic Community Health Centre
Rosemarie Gjerek	Klinic Community Health Centre
Cassandra Houle	Pregnancy and Family Support Services
Krista Law	The Immigrant & Refugee Community Organization of MB
Frank Liebzeit	Community Member
Claire Meiklejohn	WRHA
Karen Naumiuk	CEDA
Lea Neufeld La Rue	The Family Centre of Winnipeg
Debbie Nikiel	Greenway School Parent Room
Leslie Nutbean	St. Matthews Kids Korner, Inc.
Megan Prydun	NEEDS Centre
Sharon Taylor	Wolseley Family Place
Jean Tinting	Mosaic - Newcomers Family Resource Network

Associate Members

Karen Baird	Mulvey School
Carmen Court	Winnipeg School Division #1
Karen Glugosh	City of Winnipeg Community Services
Kathy Mallett	CEDA



COMMITTEE MEMBERS 2010-2011

Chairperson - Dorota Blumczynska

Vice Chairperson - Claire Meiklejohn

Banker - Rosemarie Gjerek

Executive Committee: Dorota Blumczynska (Chair), Claire Meiklejohn (vice-chair), Judy Baker (Past Chair), Rosemarie Gjerek, Karen Naumiuk, Lea Neufeld La Rue, Leslie Nutbean, Sharon Taylor, Ingrid Peters Derry (staff)

Research Committee (Communities 4 Change): Sharon Taylor (chair), Genny Funk-Unrau, Karen Glugosh, Krista Law, Frank Liezeit, Kathy Mallett, Claire Meiklejohn, Ingrid Peters Derry (staff)

Healthy Lifestyles Committee (Wellness): Karen Naumiuk (chair), Genny Funk-Unrau, Rosemarie Gjerek, Cassandra Houle, Krista Law, Claire Meiklejohn, Debbie Nikiel, Ingrid Peters Derry (staff)

Grants Committee: Dorota Blumczynska (Chair), Monica Dinney, Frank Liezeit, Megan Prydun, Ingrid Peters Derry (staff)

Networking Committee (Communications): Leslie Nutbean (chair), Deborah Clark, Ingrid Peters Derry (staff)

Literacy Committee: Lea Neufeld La Rue (chair), Judy Baker, Dorota Blumczynska, Sherry Funk, Carol Goosen, , Ingrid Peters Derry (staff)

Wiggle, Giggle & Munch Working Group: Genny Funk-Unrau (Chair), Jasbir Chib, Debbie Nikiel, Jill Dyson (staff), Ingrid Peters Derry (staff)

Council of Coalitions Representative: Ingrid Peters Derry

EDI Representative: Dorota Blumczynska

Evaluation Representative: Dorota Blumczynska

Staff: Coordinator: Ingrid Peters Derry
Wiggle, Giggle, and Munch: Jill Dyson



Annual General Meeting Minutes

June 16, 2010

Present: Karen Baird, Judy Baker, Megan Brisco, Wendy Church, Deborah Clark, Monica Dinney, Emily Dool, Kira Friesen, Genny Funk-Unrau, Rosemarie Gjerek, Karen Glugosh, Cassandra Houle, Chris Laurie, Frank Liebrezeit, Claire Meiklejohn, Karen Naumiuk, Megan Prydun, Haley Sheldon, Kelly Speak, Sharon Taylor, Marjorie Wood

Staff Present: Ingrid Peters Derry

Chairing this meeting: Judy Baker

Recorder: Ingrid Peters Derry

1. Welcome and Introductions

2. **Approval of Agenda for the day** - Moved by Deborah Clark, seconded by Megan Prydun, that the agenda for the day be approved. Carried.

3. **Speaker** - Kristle Calisto-Tavares, Secretariat Director, Children's Health and Environment (a partnership of organizations concerned with children's health and environmental issues). The aim is to build organizational capacity to advance the state of children's health. Children's Environmental Health Toolkit is being launched in fall with how-to videos, recipes, and guides for choosing safer products. See attached presentation.

4. **Minutes of the June 17, 2009 AGM** - Moved by Frank Liebrezeit, seconded by Rosemarie Gjerek, that the minutes of June 17, 2009 be approved. Carried.

5. Reports

a. **Audited Financial Statements** - Moved by Rosemarie Gjerek, seconded by Deborah Clark, that the Communities 4 Families financial report for 2009/2010 be accepted as presented. Carried. Thanks were expressed to Klinik for acting as banker and providing the audited financial statement.

b. **Chairperson's Report** - this is the completion of Judy Baker's position as chairperson. Judy recognized the contributions of the people involved in directing the work of the coalition, and Healthy Child Manitoba for initiating the work of these Coalitions. Thank you Judy.

c. **Committee Reports** - as distributed. Thank you to all the committees for their hard work throughout the year.

- **Grants** - nearing completion of decisions regarding small grant applications which were just received.
- **Research**- Sharon thanked the committee members for the hard work of the past year. The report confirmed the issues that we knew were in the community. The issues are still present in 2010. Next year hope to move forward in influencing governmental change. Thanks to Cameron for his work with this research and thanks to HCMO for allowing us to do this work. Thank you Sharon for your vision.
- **Healthy Lifestyles** - two new members have recently joined this committee. Others are welcome. Many thanks to Kelly for her work over the years.
- **Networking/outreach** - the Coalition website has had another update. Please refer thoughts and comments to Ingrid

6. **Presentation of Officers** - The new chairperson for Communities 4 Families will be Dorota Blumczynska. Clair Meiklejohn will be vice-chair. Rosemarie Gjerek (Klinic) continues on as banker. The Executive Committee is composed of the committee chairs.

6. **Announcements:**

- Aboriginal Circle of Educators - information evening at Ketari parish (Ellice and Home) at 7:00 - re Returning to Spirit workshops in July and August.
- National Child Day forum - Nov. 16, 17. This is the 10th anniversary of Healthy Child Manitoba. Highlights of the various Coalitions will be celebrated.

8. **Adjournment**

Karen Naumiuk moved the adjournment of the meeting.

Next Regular Meeting of the Coalition:
September 15, 2010 at 1:30 p.m.
at Robert A. Steen Community Centre



REPORT FROM THE CHAIRPERSON 2010 - 2011

Communities 4 Families (Downtown Parent Child Coalition) has had an extraordinary year. As our membership grew so did the desire to explore our next steps and consider the needs of families living in the downtown community. Active involvement of the membership has made for lively discussion at meetings and effective hard working committees.

As my first year as chair comes to an end I wish to thank each member of the coalition for supporting me in this new position. I am honoured by the trust you have put in me and the opportunity you gave me. Working with you and alongside you for the many families that enrich our city and our own lives has meant a great deal to me. I also wish to thank Ingrid; not only has she supported the entire coalition and each committee, but she also met with me countless times to help us continue to move forward.

Lastly, on behalf of Communities 4 Families, I wish to thank Healthy Child Manitoba for their continuing support of all the Parent-Child coalitions across Manitoba. Without your leadership and collaborative approach, our communities and families would not have benefited from the expertise and dedication you have been able to foster.

Sincerely,

Dorota Blumczynska, Chair
Communities 4 Families



EXECUTIVE COMMITTEE REPORT 2010 - 2011

The role of the Executive this year has been exceptionally busy as we not only supported the work of various committees, continued to collaborate with Healthy Child Manitoba and supported programs and agencies throughout the downtown who make a significant difference in the lives of families, but also undertook a review of the coalition to re-examine our Committee's, their purposes and our work ahead.

Once again, our Strategic Planning process was central to our visioning and because we undertook the process in the late fall, Committees had more time to examine what their role was, what they wanted to focus going forward. This was the fourth year we were able to engage an outside facilitator to lead us through the process while reminding us of the work we have done thus far.

This work would not have been possible without the dedication and incredible passion for the downtown community exhibited by the members of the Executive, many of who are also committee chairs; Karen Naumiuk, Wellness, Lea Neufeld, Literacy, Leslie Nutbean, Communications, Sharon Taylor, Communities 4 Change, and Rosemarie Gjerek, banker. But it was the skills and talents of our staff, Ingrid, that have helped us bring to life our commitment to families living downtown.

Sincerely,

Dorota Blumczynska, Chair
Executive Committee



RESEARCH COMMITTEE REPORT 2010-2011

Last year a pilot project looking at the systemic barriers that cause parental stress was developed by this committee. With the final report it was clear that the challenges of parents in our study are largely the same ones other researchers and organizations have identified over the years.

Key findings in the report included the various challenges faced by newcomer families in our downtown communities; housing and childcare needs; lack of recreational options; and concerns about safety. The complete report is available on our website for those wishing to download it.

At a planning meeting at the end of 2010, C4F decided that the “research” piece of this committee’s work was completed and that the next step needed to be accomplished - the work of taking the research findings and using that information to inform and work for change within the systems affecting families in the downtown. A new committee, named Communities 4 Change was formed, with a view to doing this.

The activities of 2010-11 revolved around creating a distribution plan and conversations around the Systemic Barriers Report. 175 copies of the report were distributed to the community, City hall, the NDP caucus and WSD #1 with an invitation to discuss it further.

On Oct. 28, the Research committee was asked to meet with the NDP Caucus with a presentation of our findings. Sharon Taylor, Genny Funk-Unrau, Frank Liezeit, and Ingrid Peters Derry made a presentation including a summary of our findings and recommendations.

The members of caucus who met with us were very welcoming and receptive to the summary of our report. What resulted was an exchange of ideas in which our expertise was solicited and their contribution recognized. Issues highlighted:

- making schools “community hubs”
- Manitoba Housing - adopting more of a customer service model, with respect for the client/customer.
- awareness of an excellent resource for newcomers - *Living in Manitoba: the Newcomer’s Guide* (available from Status of Women or for download at http://www.gov.mb.ca/msw/publications/immigrant_guide.pdf)
- Canada Food Guide and training of dieticians in university, especially around newcomers’ issues.
- Potential resource for translators as we move in the direction of providing resources for newcomers.

Plans for the 2011-12 year include continuing these discussions, with the goal of speaking with Winnipeg School Division #1 with our report findings. We will continue to meet with key stakeholders on the issues and concerns of our families in the downtown area.

Committee members of the Research committee were: Sharon Taylor (chair), Genny Funk-Unrau, Frank Liebzeit, Kathy Mallett, Claire Meiklejohn, Jo-Anne Palanuk, and Ingrid Peters Derry (C4F staff).

The new Communities 4 Change committee members are: Sharon Taylor (chair), Karen Glugosh, Krista Law, Frank Liebzeit, Kathy Mallett, Claire Meiklejohn, and Ingrid Peters Derry (C4F staff)

Respectfully submitted,

Sharon Taylor
Communities 4 Change committee chair



HEALTHY LIFESTYLES COMMITTEE REPORT 2010-2011

The membership of the Healthy Lifestyles Committee consisted of Karen Naumiuk (chair), Jasbir Chib, Claire Meiklejohn, Debbie Nikiel and Jean Tinling. After the C4F Strategic Planning day, the work of this committee was divided into the day-to-day activities of Wiggle, Giggle & Munch (the WGM Working Group) and the Wellness Committee which is to look at broader wellness issues for downtown families. The current Wellness Committee consists of Karen Naumiuk (chair), Rosemarie Gjerek, Cassandra Houle, Krista Law, and Jean Tinling. Staffing is provided by Ingrid Peters Derry.

This year has been a year of transition as Kelly Speak left her position as the WGM Mentor/Trainer at the end of June 2010. Jill Dyson was hired for that position and started with us in September 2010. The transitions will continue as Jill prepares to leave her position at the end of June 2011 as she anticipates becoming a first time mom in fall.

The Communities 4 Families Healthy Living Committee continued to oversee the Wiggle, Giggle & Munch (WGM) related programming until the WGM Working Group was established. The priorities for this year were to continue growing the WGM program in the downtown by offering grants to schools and community groups so they could run the program, offer mentoring to local WGM facilitators, continue with WGM facilitator training and the WGM research project.

During the 2010-2011 year, WGM was offered at 4 schools (Dufferin, Greenway, Victoria Albert, and Wellington) and 1 family resource centre (Wolseley Family Place). Many of these programs ran throughout the school year. A total of \$27,675 was given in grants to support WGM programs.

Jill provided mentorship to these programs as needed to start and run WGM. She visited the sites frequently and coordinated group meetings of facilitators for support and resource sharing.

WGM facilitator training was also offered 3 times. A new venue was found for the trainings in the fall of 2010 as Greenway School offered the use of their space. In total 55 people attended the three trainings. Of those who attended 32 were from the Downtown area. This year we saw the highest number of participants from Downtown area. The WGM training brought in \$1,560 to Communities 4 Families.

With the ongoing popularity of WGM, more WGM manuals and Cd's needed to be printed and pressed. For example, the Winnipeg School Division has, for the past 2 years, included the WGM Cd in their gift bags to new kindergarten students. The Winnipeg School Division pays for the Cd's that are for students outside the Downtown area boundaries. In total \$3,075 was brought into the coalition for manual and cd sales. The WGM manual is also on Communities 4 Families' website.

The WGM Research project continued throughout the year. The pilot of the research program was completed in June 2010 with encouraging results. The research data continued to be collected throughout this 2010-2011 year with the results expected in the fall of 2011. The committee has received assistance for the research from Healthy Child Manitoba Office staff and in particular Harvey Stevens who was contracted for this project.

In the continued theme of transition, Communities 4 Families restructured committees in February 2011 and the Healthy Lifestyles Committee became the Wellness Committee and a Wiggle, Giggle & Munch Working Group was formed to oversee that program. The members of the new Wiggle, Giggle & Munch Working Group are: Genny Funk-Unrau (chair), Jasbir Chib, and Debbie Nikiel.

The new Wellness Committee began to meet early in 2010 with an immediate goal of hosting a Wellness Fair in partnership with Dufferin School.

Respectfully Submitted by,

Karen Naumiuk
Healthy Lifestyles and Wellness Committee Chair

And

Genny Funk-Unrau
WGM Working Group chair



COMMUNICATIONS (formerly NETWORKING/OUTREACH) COMMITTEE REPORT 2010 - 2011

As I begin this report, it is apparent that this committee has gone through yet another change, not only in title, but in the direction that the committee is focusing our energies.

As part of our former self, our focus was to give opportunities for agencies, organizations and community members to share resources. The major impact was the development and launch of our Communities 4 Families Website. Our website continues to provide easy and accessible resource for our community. The Resources 4 Families was specifically targeted to bring family and resources together. We continue to expand the resources on the website to ensure not only resources for families but for agencies and service providers in our community.

In December 2010, as a result of our strategic plan, a new direction was determined for the now named Communication Committee. The Communication Committee's goal is to give Communities 4 Families more visibility and accessible resources for the families and service providers within the downtown community. The development of a quarterly newsletter which is distributed throughout our community with the support of coalition members, give a hands-on resource to families in the downtown. Our first newsletter featured articles, activities and helpful information for families to assist in their literacy and language development. The newsletter was handed out on Family Literacy Day on January 27, 2011.

The Communication Committee has also developed some promotional products (literacy bags, book marks, pens and T-Shirts) to be used when marketing coalition's product and/or participation. Engaging in community outreach by having signage and posters, newsletters distributed through family, parent-child and community centres will be another way to make our presence known.

I would like to thank Ingrid Peters Derry and Deborah Clark for all their hard work during this year. It was greatly appreciated. As this committee changes and grows to better service the needs of the coalition, service providers and families, I look forward to seeing the visibility and resources of the coalition expand to provide for all that is our community.

Respectfully submitted

Leslie Nutbean
Chairperson



LITERACY COMMITTEE REPORT 2010- 2011

It has been a busy year for the Literacy Committee, and I would like to thank the members of the committee; Dorota Blumczynska, Judy Baker, Sherry Funk, Carol Goosen and Ingrid Peters Derry (C4F) your commitment and hard work over the last year. The goal of the C4F Literacy Committee is to support the development and delivery of intergenerational literacy programs in Downtown communities. Additionally, the previous years' Strategic Planning sessions has provided the Literacy Committee direction for the following years:

STRATEGIC PRIORITY #2: Support exemplary family literacy programs have been developed and are being offered in the downtown area.

- All funded models completed with electronic resources developed.
- An evaluation plan developed.
- Models duplicated in the community.

Additionally, the Literacy Committee is working with the Wiggle, Giggle and Munch working group to develop a literacy component for the Wiggle, Giggle and Munch program. Carol Goosen has been contracted by the committee, and is well underway in developing this resource.

Over the past two years, the Literacy Committee has worked to develop manuals for three literacy programs: *Three Stars and a Wish*, *Book Bags* and *IMPACT* (renamed *Uzazi Pamoja- Parenting Together*). Pilot programs were run in partnership with Wellington School, IRCOM and The Family Centre. The Committee has collected the evaluations of the drafts from these organizations. The manuals are in the final stages of development. We look forward to sharing all the hard work that went in to the development of the manuals with service providers and the community.

In partnership with Literacy Partners of Winnipeg, the Children's Museum, Frontier College, Winnipeg Public Library, and Bookmates, the Literacy Committee planned a daylong celebration of Family Literacy Day at Portage Place mall. The day was filled with many wonderful storytellers, and literacy-based crafts. The event was very well attended; we gave out more than 1000 books. Our Family Literacy Day celebration was so successful that the committee is planning to make it an annual event.

Respectfully submitted,

Lea Neufeld La Rue
Literacy Committee Chairperson



GRANTS COMMITTEE REPORT 2010-2011

Over the years, Communities 4 Families has provided grants in the areas of Family Literacy, Healthy Lifestyles and Wiggle, Giggle & Munch. Last year, based on the findings of our research project: the Family Challenges Report, the Grants Committee made available three new priority areas; Capacity Building, Recreation and Food Security. Many of these proved essential to community organizations throughout the downtown community.

Coalition Strategic Priority #6: Clarify the purpose of small grants and develop a consistent framework when granting funds is being realized in the following ways:

1. Committee offered grants of 3 different types and amounts based on research committee findings:
 - a. Capacity Building (grants of \$2,000 to enable parent volunteers to receive much needed training for community groups working with families);
 - b. Recreation (grants of \$3,000 to encourage parent-child based recreational activities);
 - c. Food Security (grants of \$1,000 to address the need for healthy food for downtown families in community programs).
2. \$25,000 in small grants were approved in those 3 areas: 10 Food Security Grants (total of \$9,500); 3 Capacity Building (total of \$6,000); 4 Recreation (total of \$9,500)
3. The Committee worked to develop a consistent framework for all grants - criteria, reporting requirements, etc. by recommending a different role for the Grants Committee to oversee all grants awarded by the coalition.

The Strategic Planning the coalition undertook in the fall reconfirmed the importance of Grants and ensured that the coalition moved towards a streamlined granting process that would undertake the following:

1. Develop a common format for all grants from the Coalition, including a common intake, common criteria and reporting requirements
2. Allow committees input into the granting process and decisions to ensure the goals of those committees are met
3. Have money available to groups early in the year

The new granting process required the Grants Committee to revisit its terms of reference and ensure it understood its purpose. Furthermore, many vital conversations took place in the latter part of 2010 - 2011 as the entire coalition explored what mechanisms needed to be in place to

maintain an impactful and transparent process. Following these conversations, the Grants Committee focused on the development of the new granting process for the year to come.

As a result of this work in 2011-2012 Communities 4 Families will introduce a new granting system that will undertake the following:

1. Create one application for all C4F grants
2. Hold one intake for applications for all priority areas
3. Allocate funds based on community need
4. Aim to distribute the majority of grant money before the summer

The next phase of the new process will be to evaluate its successes and challenges and once again look critically at what needs to change to better serve our communities.

Many thanks to the members of the Grants Committee who have contributed a wealth of their time and energy to our work: Megan Prydun, Frank Leibzeit, and Monica Dinney.

Sincerely,

Dorota Blumczynska, Chair
Grants Committee



GRANT RECIPIENTS 2010-2011

Small Grant Recipients (Total Small Grants: \$25,000)

Food Security Grants (\$9,500 total granted)

- Agape Table
- Altered Minds Inc.
- Big Brothers Big Sisters
- Busy Bee Day Care Centre Inc.
- Day Nursery Centre
- Isaac Brock School Parent-Child Resource Centre
- Kikinaw Housing Inc.
- New Directions for Children, Youth, Adults, and Families - Project O.A.S.I.S.
- St. Matthews Maryland Community Ministry
- West Broadway Development Corporation

Capacity Building Grants (\$6,000 total granted)

- Aboriginal Circle of Educators
- Immigrant Integration and Farming Co-op
- Winnipeg Central Women's Resource Centre

Recreation Grants (\$9,500 total granted)

- Creative Retirement Manitoba
- Immigrant & Refugee Community Organization of MB
- Pregnancy & Family Support Service Inc.
- Sister MacNamara School Community Room

Family Literacy Grant Recipients (Total Literacy Grants: \$5,000)

- Immigrant & Refugee Community Organization of MB
- The Family Centre
- Wellington School

Wiggle, Giggle & Munch Grant Recipients (Total WGM Grants: \$27,675)

- Dufferin School
- Greenway School
- Victoria Albert School
- Wellington School
- Wolseley Family Place

Total Grants Awarded: \$ 57,675



STAFF REPORT 2010 - 2011

I was hired with Genny Funk-Unrau in November, 2003. Since then, we, and now I, have been doing much of the administrative work of the Coalition as a whole and for the committees working within the Coalition. With the work of the Strategic Planning session in December, significant changes in the functioning of the committees were recommended. Reflecting those changes, some of the tasks this year have been:

- Working with the Grants committee to help process grant applications and then to develop a more consistent approach to all of the grants distributed by the Coalition.
- Helping with the work of the Healthy Lifestyles Committee as they continued to support the *Wiggle, Giggle & Munch* program and deliver trainings. Tasks included:
 - Assisting with contracting *Wiggle, Giggle & Munch* staff
 - Orienting and supervising *Wiggle, Giggle & Munch* staff
 - Providing administrative support to the committee
 - Assisting with the promotion of the *Wiggle, Giggle & Munch* facilitators' trainings
 - Monitoring the *Wiggle, Giggle & Munch* grant applications
- Working with the new Wellness Committee in developing a plan for addressing broader issues of family wellness.
- Working with the new *Wiggle, Giggle & Munch* working group to continue the former work of the Healthy Lifestyles Committee.
- Working with the Literacy Committee in working with community groups to develop draft Family Literacy manuals. Three grants to pilot the manuals were awarded in the community. They are currently being edited and designed with a goal to launch them in the fall.
- Working with the Literacy Committee in partnership with other community organizations to host a Family Literacy day event at Portage Place mall.
- Maintaining the web-site with resources for families and agencies.
- Providing administrative support to the Research Committee in distributing the results of our research looking at the challenges faced by Downtown families.
- Representing the Coalition at the Council of Coalitions and working with the Council on the development of a website.
- Keeping abreast of various downtown resources by attending networking meetings.

Respectfully submitted,

Ingrid Peters Derry
Coordinator



FINANCIAL REPORT FOR THE PERIOD April 2010 - March 2011

Klinik CHC provides Banker services for the Coalition

Booke & Partners Chartered Accountants conducted Klinik's financial audit for 2010/2011. This audit included the DPCC funds. There is a copy of Klinik's audited financial statement available for your perusal.

The DPCC is funded by Healthy Child Manitoba Office (HCMO) and received an operating grant of \$153,000 for 2010/11.

For the 2010/2011 fiscal year, the Coalition had operating funds of \$153,000 and \$23,718 of deferred, allocated revenue from 2009/10 plus \$7,319 of separate funding from HCMO to administer the Council of Coalitions website for a total operating budget of \$184, 037.

Expenses for 2010/2011 were \$163,663 with deferred revenues of \$29,989 comprised of \$16, 798 in retainable surplus, \$3,576 (HCMO website funds) and \$9,615 revenue from training and sales of WGM resources which have been carried over into the current fiscal year.

Summary of Expenses:

Personnel Costs	\$ 52,590
External Grants	\$ 57,674
Operating Costs	\$ 9,014
Systems Barriers Project	\$ 8,963
Program Costs (WGM)	\$ 27,779
Website Development & Maintenance	\$ 3,910
HCMO Website Administration	\$ 3,733

I would make a motion that the DPCC financial report for 2010/2011 be accepted.

Respectfully Submitted,

Rosemarie Gjerek
On behalf of Klinik Community Health Centre
Banker